

HEALTHY ROUTINE

WORD BANK

Don't like

Drives

Fruit and vegetables

Keeps

Often

Salad

I eat lots of _____ to stay healthy. I

usually have chicken with rice and

_____ for lunch. I also drink lots of milk

because it _____ my bones and teeth

strong. I _____ water very much so

I _____ drink fizzy drinks. I can't ride a

bike so my Mum _____ me to school every day.