

Reading comprehension test  
(Gold experience A1 – Unit 6)

# What is British food?

When someone says 'typical British food', most people think of fish and chips, roast beef on Sundays, and bacon and eggs for breakfast. But is this what people usually eat? What do the teenagers of Britain eat today? We asked James (15), Sophie (15) and Marcus (16).

## Breakfast

**James:** Breakfast for me is a bowl of cereal and some fruit juice. That's all.

**Sophie:** I never eat a big breakfast. I just have tea and a piece of toast.

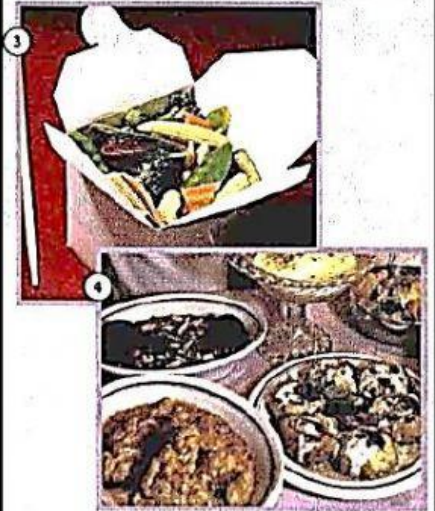
**Marcus:** I love bacon and eggs at the weekend, but not on school days. It's too much.

## Lunch

**James:** It depends. At school I have sandwiches. At the weekend I often have pizza or fish and chips – something quick and easy.

**Sophie:** I have lunch at school. It's usually some kind of meat with vegetables. At the weekend or in the holidays, I like making salads and omelettes for lunch.

**Marcus:** I usually just eat some fruit and perhaps a sandwich and some yoghurt. That's enough for me.



## Eating out

**James:** I live in a very small town and there aren't many restaurants here. But I like Chinese food a lot and we often get a Chinese take-away. My parents sometimes take us out to a restaurant – then it's usually French or Italian food.

**Sophie:** Indian dishes are my favourite food. There are some really good Indian restaurants here, and I often go to one with my friends. I love chicken tikka masala. Actually, that's one of the most popular dishes in Britain these days.

**Marcus:** I'm lucky – I live in London and you can get anything here. I don't eat out very often, but I like Greek food so I sometimes go to a Greek restaurant.



A. Tick (✓) the food and drinks these teenagers usually have:



JAMES



SOPHIE



MARCUS



**B. Decide whether the following sentences are true (T) or false (F). Choose the correct option:**

1. James drinks fruit juice for breakfast.
2. Sophie eats a big breakfast.
3. Marcus eats bacon and eggs on school days.
4. James usually has sandwiches for lunch when he is at school.
5. Sophie likes cooking omelettes at the weekends.
6. For lunch, Marcus eats a lot of food.

**C. Answer the questions by writing the correct name James, Sophie or Marcus in the spaces provided:**

Who...

- a. lives in a small town? \_\_\_\_\_
- b. lives in London? \_\_\_\_\_
- c. eats Indian food with friends? \_\_\_\_\_
- d. usually goes to a restaurant with his/her parents? \_\_\_\_\_
- e. mentions one of the most popular dishes in England? \_\_\_\_\_

