Exercise 1: You are going to listen to an interview about how to improve our memory. Decide whether the following statements are True or False.

1. People use memory in different ways	**a. True**	**b. False**
2. We learn to use our memory as soon as we're born	**a. True**	**b. False**
3. There are two different forms of memorization	**a. True**	**b. False**
4. Association is the best way to remember things	**a. True**	**b. False**
5. The term visualization means imagining a picture	**a. True**	**b. False**
6. Visualization is useful to remember all types of things	**a. True**	**b. False**
7. In visualization we can't use more than one image at a time	**a. True**	**b. False**
8. History is a good subject to improve our memory	**a. True**	**b. False**
9. Teaching helps us to memorize	**a. True**	**b. False**
10. Our brains can be trained to be more effective	**a. True**	**b. False**

Exercise 2: You will hear five different people talking about their favourite films. For statements 1 to 5, choose the corresponding speaker.

1. This speaker likes a film that shows you not to judge people too quickly

a. Speaker A b. Speaker B c. Speaker C d. Speaker D e. Speaker E

2. This speaker likes a film which tells a love story over the years

a. Speaker A b. Speaker B c. Speaker C d. Speaker D e. Speaker E

3. This speaker has seen the film more than once

a. Speaker A b. Speaker B c. Speaker C d. Speaker D e. Speaker E

4. This speaker prefers the first version of the film

a. Speaker A b. Speaker B c. Speaker C d. Speaker D e. Speaker E

5. This speaker likes the scenes filmed in different countries

a. Speaker A b. Speaker B c. Speaker C d. Speaker D e. Speaker E