

1 VOCABULARY

Choose the correct words. (15 points)

One of the most (1) *powerful* / *powerless* and (2) *useful* / *useless* techniques for training your brain is visualization. Whether you're trying to (3) *develop* / *learn* abilities you already have, or trying to (4) *develop* / *learn* a new skill, visualization can help you. It can also help you (5) *find* / *solve* a solution to stopping unhealthy habits, such as smoking, when you think you've (6) *explored* / *challenged* all the possibilities and you're feeling (7) *hopeful* / *hopeless*. In fact, visualization can work in any situation where you are trying to (8) *challenge* / *solve* yourself to improve, or if you are trying to (9) *find* / *solve* a difficult problem. The technique involves forming a picture in your mind, like a picture on a movie screen. You have to be (10) *careful* / *careless* to create a really vivid picture of what you want to achieve. Imagine yourself feeling (11) *fearful* / *fearless* and strong. Then add sound and make it come to life. Then, make a small black and white picture of yourself feeling (12) *fearful* / *fearless* and failing. Quickly replace that (13) *painful* / *painless* image with your bright, happy image. Do that five or six times. Now, every time you feel (14) *powerful* / *powerless* and think you are going to fail, the positive image will come to mind. Difficult situations become much less (15) *painful* / *painless* and you are more likely to succeed. Why not give it a try?

2 GRAMMAR

A Complete the conversation with *must*, *can't*, or *might/may/could*. (7 points)

- Andy: I can't finish this crossword puzzle. I have one more word left. Do you know a country with a five-letter name?
- Kelly: There (1) _____ be hundreds! It (2) _____ be "China."
- Andy: No, it (3) _____ be "China" because it begins with the letter I.
- Kelly: Why didn't you say that? Well, it (4) _____ be "Iran." That only has four letters. It (5) _____ be "Italy."
- Andy: No. It (6) _____ be Italy because it ends with the letter a.
- Kelly: Oh! It (7) _____ be "India" then.
- Andy: Awesome! Thanks.

B Complete the tag questions. (8 points)

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| 1 They can't solve the puzzle, _____? | 5 She doesn't have an exam today, _____? |
| 2 She's very good at puzzles, _____? | 6 We shouldn't buy that car, _____? |
| 3 You'll help me, _____? | 7 You don't have a motorcycle, _____? |
| 4 We didn't pass the test, _____? | 8 Paula doesn't like dogs, _____? |