

Knowing yourself and others

5

Life skills



1 **Think** Imagine that it's your first day at a new club. How do you feel? Why?

2 **Learn** Listen and read. What does Sophie do to make friends?

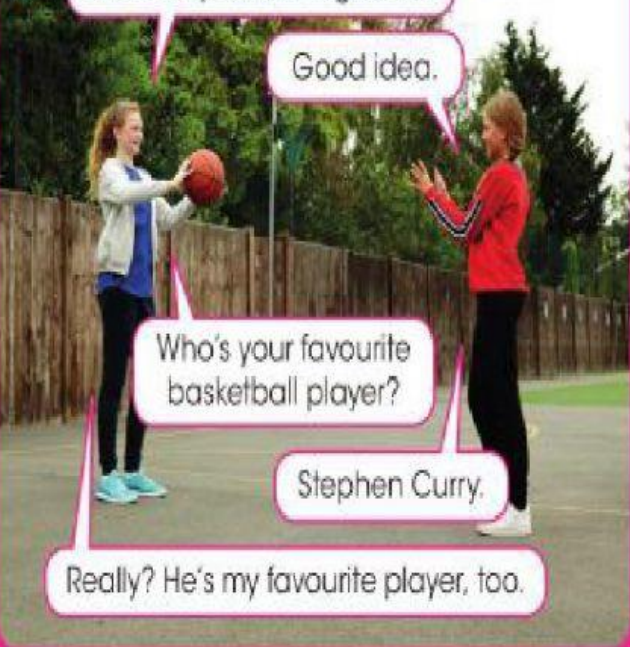
1 Heroes Connect are investigating Greece.



2 Later, at the basketball club ...



3 Shall we practise together?



Tips for making new friends

- ✓ Be friendly. Smile and say hello.
- ✓ Find out things that you've got in common.
- ✓ Show that you're interested when people talk to you.

Can you think of two more tips?