

# Up and Up



"Up&Up" is a song about growing as an individual and progressing through life's trials and tribulations with a positive attitude. The lyrics refer to opportunities and powers. It's all about making dreams real. It points out the ability of each individual to transform what is not right, what is unfair, what hurts and, also, the power of doing it with others.

1. **WATCH AND LISTEN TO THE SONG AND DO THE ACTIVITIES THAT FOLLOW**

## 2. DRAG AND DROP THE MISSING WORDS ON THE RIGHT

\_\_\_\_\_ up a car to drive in it again

\_\_\_\_\_ for the water,

\_\_\_\_\_ for the rain

Up and up

Up and up

Down upon the canvas,

\_\_\_\_\_ meal to meal

\_\_\_\_\_ for a chance

to pick your orange field

Up and up

Up and up

hoping

working

fixing

waiting

searching

## 3. COMPLETE WITH THE MISSING WORD.

See a pearl form, a \_\_\_\_\_ in the rough

See a \_\_\_\_\_ soaring

high above the \_\_\_\_\_

It's in your blood. It's in your blood

Underneath the \_\_\_\_\_ an umbrella is saying

Sitting with the \_\_\_\_\_

takes away the \_\_\_\_\_

Up and up. Up and up, it's saying



chorus:

we're gonna get it, get it together right now

Gonna get it, get it together somehow

Gonna get it, get it together and flower

whoa. we're gonna get it, get it together I know

Gonna get it, get it together and flow

Gonna get it, get it together and go

up and up and up

#### 4. JOIN THE HALVES TOGETHER.

Lying in the gutter  
Trying to empty out  
Up and up.  
See the forest there  
Angels in the marble  
Just need love  
when the going

chorus

the ocean with a spoon

Up and up

Just need love

is rough saying

in every seed

aiming for the moon

waiting to be freed

#### 5. COMPLETE WITH THE MISSING WORD.



And you can say what is,  
or \_\_\_\_\_ for it

Close your \_\_\_\_\_

and take a \_\_\_\_\_

You can say "it's mine"

and clench your \_\_\_\_\_

Or see each \_\_\_\_\_ as a gift

chorus x 2

Fixing up a car to \_\_\_\_\_ in it again

When you're in \_\_\_\_\_

When you \_\_\_\_\_ you've had enough

Don't ever \_\_\_\_\_ up