

LISTENING: SPORTS CENTRES

Listening to the people introducing two different sports centres and do the exercises to practise and improve your listening skills.

BEFORE YOU LISTEN

WRITE the words in the correct group.

Lifeguard - dance teacher - weight machines - sauna -
Jazz dancing - secretary - swimming pool - changing rooms -
Water aerobics - Pilates - Zumba - personal trainer

GYM STAFF	GYM FACILITIES	GYM CLASSES

WHILE YOU LISTEN

1. **SELECT** "Gym A" or "Gym B" for these sentences. Which gym has....

A good air-conditioning system?	Gym A	Gym B
Dance classes?	Gym A	Gym B
A shop?	Gym A	Gym B
A café?	Gym A	Gym B
A bigger gym with more machines?	Gym A	Gym B
A swimming pool?	Gym A	Gym B
A sauna?	Gym A	Gym B
Martial arts classes?	Gym A	Gym B

2. Multiple choice. **SELECT** the correct option. Only one possibility is correct.

Gym A has... A) Lots of activities in the evenings. B) A few different activities at different times. C) Lots of different activities at different times of day. Gym A... A) moved into a new building ten years ago. B) Built a sauna ten years ago. C) Opened ten years ago. In gym A, you can have a massage.... A) at a reasonable price. B) Free if you are a member. C) If you book in advance. You can borrow... A) towels and yoga mats from the gym. B) Towels from the gym. C) Yoga mats from the gym.	Gym B can give you advice about... A) training, lifestyle and diet. B) Sports injuries and diet. C) How to become a professional athlete. In the main gym, you must: A) Use a towel. B) Wear trainers. C) Take a bottle of water. The lifeguard can also... A) give you some tips to improve your swimming. B) Demonstrate the best way to swim. C) Give you swimming lessons. The timetable for the classes is... A) available online. B) In a brochure. C) In the noticeboard.
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