

## Unit 4

# How to get healthy

# worksheet five

### Learning outcomes:

Dear Students,

By the end of this worksheet you will have:

- use the present perfect continuous to express actions that started in the past and still going on.

عزيزي التلميذ ،

في نهاية هذه الوحدة ستكون قد تعرفت على أننا نستخدم الزمن المضارع التام المستمر للحديث عن حدث بدأ في الماضي وما زال مستمراً حتى الآن.

Remember that: تذكر أن

**Present perfect continuous tense**      **الزمن المضارع التام المستمر**

نستخدم هذا الزمن للحديث عن حدث بدأ في الماضي وما زال مستمراً حتى الان.

ويكون هذا الزمن من **have/ has + been + v + ing** :

- She **has been working** for 10 hours so she's very tired.
- We **have been learning** English **since 1999**.

كلمات تستخدم مع هذا الزمن      ( **since** – **for** )

**Consider the following examples:**

- They have been playing **for two hours**.
- Ali has been sleeping **since six o'clock**.

و الان اعتذر انه بامكانك حل التمارين الآتية.

**1. Fill with since or for.**

1. I have been working here ..... **last October**.
2. We have been learning in this school ..... **three months**.
3. Sally has been learning technology ..... **1996**.
4. Ayman has been living in Ramallah ..... **a long time**.
5. They have been watching T.V. ..... **seven o'clock**.
- 6- Samir has been sleeping ..... **two hours**.



**2. What have they been doing?**

1. Sally ..... **(run)**.
2. Mother ..... **(cook)** the food.
3. We ..... **(learn)** English for 7 years.
4. My family ..... **(live)** in Nablus for 100 years.
5. The children ..... **(play)** football.
6. It ..... **(rain)** since six o'clock.



**3. Correct the underlined words :**

1. I have **be** praying for 5 years.      (.....)
2. Tamara **have wearing** Al Hijab for two months .      (.....)
3. Mrs. Susan has been **teach** English since 1995.      (.....)
4. Dr. Said has been **work** in Rafidia hospital for 10 years.      (.....)