



Relationships



Simple Present Perfect Vs Present Perfect Progressive

Present Perfect Simple Have/ has + past participle	Present Perfect Progressive Have/has + been + verb + ing
A finished action that happened some time in the past. You don't exactly know/ say when it happened. She has run several marathons. Have you ever swum in the ocean?	 She's has been running all morning. (have not / has not)
An unfinished <u>state</u> that started in the past and continues now. I have known Tim for ages. She's been here since yesterday. How long have you had that car?	An (repeated-unfinished) action that started in the past and continues now. It has been raining all day. I've been learning English since 2008. Have you been <u>waiting</u> long?
For and since	
For + a period of time = for a few years / for three months / for ages	
Since + a point in time = since Sunday / since I graduated / since 2005	
 He's been to the gym = he went and came back	
 He's gone to the gym = he went and is at the gym now.	

1) Put the verbs in parenthesis into the present perfect progressive.

Carol is single, but she (1) 's been looking for a boyfriend. She (2) _____ (go) to online dating sites and she (3) _____ (write) to one guy for a few months. She (4) _____ (dream) of finding the ideal guy and she (5) _____ (hope) she'll find him soon. Her friends (6) _____ (tell) her to be more realistic. They (7) _____ (try) to stop her from being so romantic, but she (8) _____ (not listen).

2) Choose the present perfect simple or present perfect continuous for each gap below.

I _____ the book you lent me and it's great. I'll give it back to you when I finish it.

Bruce **has been playing** tennis since he was a child. He **has won** many trophies.

a)has been playing / has won b)is playing / has won c)has played / has been winning

You **spend** too much time playing that stupid game!

You tennis since 10 o'clock. How many sets ?

a) have played / have you been playing

b) have been playing / have you played

c) are playing / have you played

He _____ since he was a little boy. **Choose TWO correct options**

He _____ to me since we met last summer. He _____ over 100 emails.

a) 's been writing / 's sent b) 's written / 's been sending c) is writing / 's sent

_____ any fish today?
a) Have you caught b) Have you been catching c) Have you been catching

A: He _____ hundreds of job applications, but he's got no answers yet. B: How long
_____ for a job?

a)'s been sending / has he been looking
b)'s sent / has he looked
c)'s sent / has he been looking

Now that I _____ tidying the house, I'm going to clean it.

a) have finished b) have been finishing c) am finishing

We _____ this TV for ages. I think it's time to buy a new one.

a) have b) 've had c) 've been having

3) Make questions using the simple or progressive form of the present perfect.

- Ever / cry / at the movies? Have you ever cried at the movies? .
- How many times / travel / by plane? _____ .
- Ever / read / the same book twice? _____ .
- How long / have / your watch? _____ .
- How many times / go / to the USA? _____ .
- How long / go / to the same dentist? _____ .
- Ever / own / a pet? _____ .

4) Put the verbs in parenthesis into the simple or progressive form of the present perfect. Then answer the questions.

- How long have you been sitting _____ (you sit) in the same chair?
- How long _____ (you know) your best friend?
- How long _____ (you learn) English?
- How long _____ (you have) your smartphone?
- How long _____ (you be) with your boyfriend/girlfriend?
- How long _____ (you like) your favorite singer or band?
- How long _____ (you wear) the shoes that you have on?
- How long _____ (you do) this exercise?

5) Work in pairs and take turns to ask and answer the questions from the previous exercises (2-3).

6) Take the quiz at <https://test-english.com/grammar-points/b1/present-perfect-simple-present-perfect-continuous/3/>

