English: Level A2

WEEK 4

COVID-19 and its impact on our family*

Activity 1 My new routine

LET'S SELF-ASSESS!

¿Cuánto sabes comunicar sobre tu diaria en inglés? Marca con una "X" donde creas conveniente. Aquí no hay respuestas correctas o incorrectas, lo importante es que seas honesta/o contigo misma/o al responder.

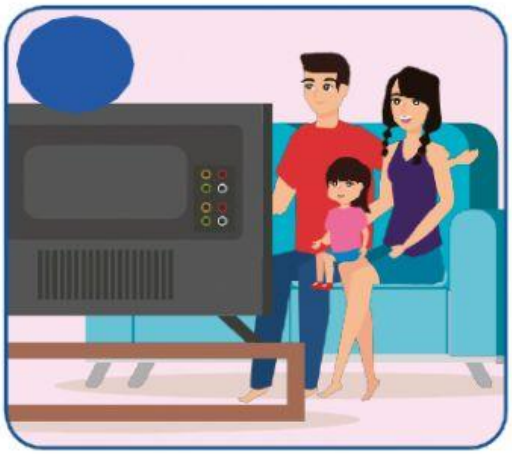
	Can I do it?	Not at all	Somewhat	Well	Very well
1.	Can I describe a routine in English?				
2.	Can I describe how my routine changed during the lockdown in English?				
3.	Can I use prepositions of time (on, at) accurately in English?				

* Material elaborado en colaboración con el British Council y RELO Andes de la Embajada de Estados Unidos.

LET'S OBSERVE AND READ!

OBSERVE - EXERCISE 1✓

Check the activities you can do during the lockdown. Follow the example:

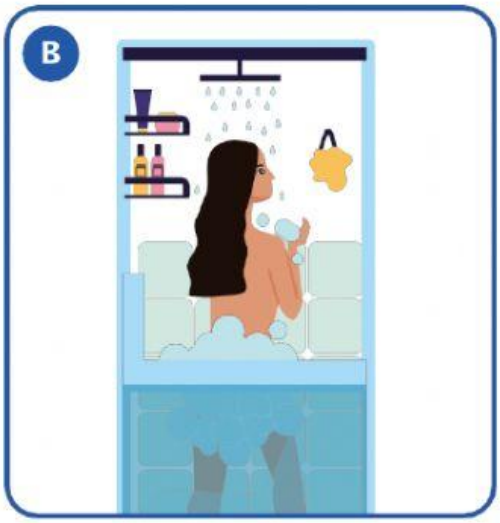


OBSERVE - EXERCISE 2

Write the activities in chronological order.Follow the example:

Eat lunch

Take a shower



1 Wake up

2 _____

3 _____

4 _____

Go to bed

Wake up

READ

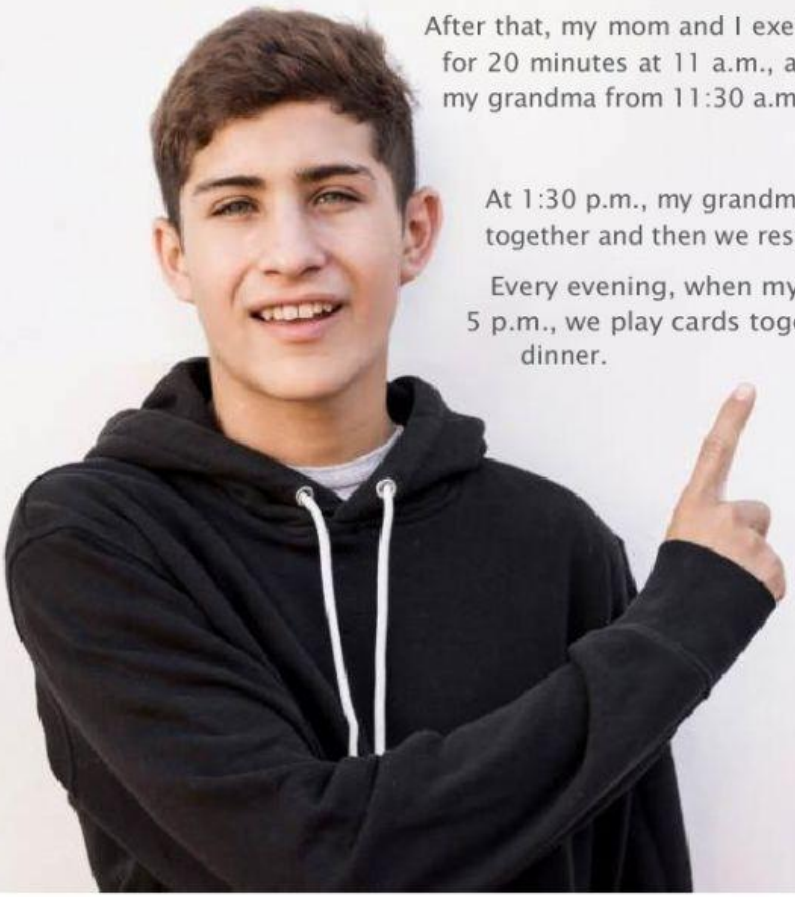
Read the text about Ali and his new routine.

MY NEW ROUTINE

Hi, my name is Ali and I am a high school student from France. My family and I have a new routine during lockdown.

We wake up at 7 o'clock every morning. On Mondays, Wednesdays and Fridays, my grandmother Zara and I make breakfast, but on Tuesdays, Thursdays and Saturdays my parents make breakfast for the family.

At 8:15 a.m. from Monday to Friday, my father Malik goes to work because he is an essential worker. He works at a pharmacy, my mother Fatima teaches English from home and I study remotely using the computer.



After that, my mom and I exercise in the living room every day for 20 minutes at 11 a.m., and then we clean the house with my grandma from 11:30 a.m. to 1 p.m.

At 1:30 p.m., my grandma, my mom and I have lunch together and then we rest from 2:30 p.m. to 3:30 p.m.

Every evening, when my dad comes home from work at 5 p.m., we play cards together and at 7 o'clock we have dinner.

On Sundays, we all make breakfast together at 8:30 a.m. and we watch a movie after lunch.

LET'S UNDERSTAND!

UNDERSTAND - EXERCISE 1

Complete Ali's schedule with the correct times according to the text. Follow the example:

1. Wake up at 7 o'clock in the morning to make breakfast for my family.
2. Study on the computer at_____.
3. Exercise from_____to_____.
4. Clean the house with my grandma from _____ to_____.
5. Rest from_____to_____.
6. Play cards from_____to_____.
5. Eat dinner at_____.

UNDERSTAND - EXERCISE 2

Write the name of the person in Ali's family who said each sentence. Follow the example:

Malik - Fatima - Zara - Ali

I work at a pharmacy from 8:30 a.m. to 4:30 p.m.

1. Malik

I make breakfast with my grandson on Mondays.

2._____

I am a teacher, but during lockdown I work from home.

3._____

I exercise with my mom at 11:00 a.m. every day.

4._____

I study remotely during lockdown.

5._____

LET'S PRACTISE!

PRACTISE – EXERCISE 1

Complete the following paragraph using "at" and "on". Follow the example:

Prepositions of time: AT - ON

Hello! I'm Ruben! My new routine? Well, I wake up **at** **(1)** 6 o'clock every morning.
_____**(2)** Mondays and Tuesdays, I clean the kitchen, and_____**(3)** Thursdays and Fridays I exercise _____**(4)** 10 a.m.
My mom gets up_____**(5)** 5:30 a.m. _____**(6)** Tuesdays to water the plants.

* **TIP:** Go back to the text: "My new routine" (about Ali) to know how to complete this paragraph correctly.

LOOK!

Read and understand:

To add **the time** of the day, you can use the preposition "at" before the time ("at 12:30").
For example:

- I brush my teeth **at** 7:00 a.m.
- She wakes up **at** 6 o' clock.

To add **the day** of the week you can use the preposition "on" before the day of the week ("on Fridays").
For example:

- **On** Mondays, I study English.
- She plays tennis **on** Fridays and Saturdays.

PRACTISE – EXERCISE 2

Write sentences using the words in parentheses ( ). Follow the example:

Present Simple: Routines

1. (Mondays / he / eat dinner / 7 p.m.).

   On Mondays, he eats dinner at 7 p.m.

2. (They / study Math / Wednesdays / 3 p.m.).

   _____

3. (My mother / cook dinner / 6 o' clock / Fridays).

   _____

4. (Thursdays / 10:30 a.m. / Zara / clean the house).

   _____

5. (Ali and Fatima / exercise / Saturdays / 11 a.m.).

   _____

6. (Thursdays / 10:30 a.m. / Zara / clean the house).

   _____

LOOK!

Read and understand:

When we talk about routines we write the activities using the **"Present Simple".**

For example:

- I **brush** my teeth.
- She **wakes** up.
- They **go** to work.

Remember: The verb ends with an **"s"** for the third person singular **(he/she/it).**

LET'S REFLECT!

¿Cuánto has aprendido esta semana? ¿Revisaste si tus respuestas coinciden con la clave de respuestas? ¿Qué te comentaron sobre la descripción en inglés que creaste? ¿Qué opinas tú? Dale un visto bueno a una de las cuatro opciones. Selecciona la opción que mejor exprese lo que puedes hacer ahora que culminaste las dos actividades de la semana.

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