



GO, THINK AND STOP FOODS

1. Drag and drop

GO	THINK	STOP
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2. Complete the following text with the words from the box.

Sweet potatoes – cereal with milk – peach – lima beans – ice cream – hot dogs – coke – meat – eggs - pear

Camilla Cream likes eating healthy food. She loves 1. _____ and her favorite fruits are 2. _____ and 3. _____. Every morning, she has some 4. _____ for breakfast. Her mom prepares her lunch every day so she can take it with her to school. Camilla doesn't like fish, but she loves when her mum cooks 5. _____ with vegetables, like 6. _____, or with salad. She likes green salad, that is, lettuce, tomato, green onions, avocado and 7. _____. Twice a week, she buys some 8. _____ for dessert at the school kiosk. She brings a bottle of water to school every day, but she loves when her mum gives her some 9. _____. On weekends, she loves eating "stop foods" that's why she asks her dad to prepare 10. _____ for dinner. This is Camilla, she loves eating healthy food but she also eats "think" and "stop" foods at times. The important thing is to keep a balance diet.

3. Read the following riddles on GO foods and write the correct word in the space provided.

What am I?

I grow on trees. You have to peel me to eat me. I am often turned into juice. My name is also a color.

O _____

What am I?

I am green. I look like a tree and I am a vegetable.

B _____

What am I?

I am yellow. You can squeeze me and drink me in the summer. I am a fruit.

L _____

What am I?

I come in different colors,
like green or purple.
Before I became raisins, I
was a bunch of these.



G _____

What am I?

I am a fruit. I taste sweet.
You can serve me on a
cake with whipped
cream. You can bake me
in a pie.



S _____