ADUVIE INTERNATIONAL SCHOOL,08089394474

Year 5 Home Economics Worksheet

Instruction: Type the alphabet with the correct option in the boxes provided

1. The following are common styles of serving food except
   A. Tray service
   B. Family service
   C. Buffet service
   D. Sink service
2. The following are Nigerian local dishes except
   A. Sharwama
   B. Edika ikong
   C. Amala and ewedu
   D. Fufu and ofe Oha
3. A list of the dishes to be served in a meal called a
   A. Recipe
   B. Menu
   C. Prescription
   D. Report
4. The meal eaten in between breakfast and lunch is
   A. Brunnel
   B. Lunch
   C. Supper
   D. Brunch
5. The major meals of the day include the following EXCEPT
   A. Brunch

B. Breakfast

C. Lunch

D. Dinner

6. Wasteful spending means spending

A. Necessarily

B. Unnecessarily

C. Happily

D. Respectfully

7. _____ service is when food is served on the dining table on each person's plate and passed from one person to another.

A. Family

B. Plate

C. Buffet

D. Tray

8. The planning of how to spend money is _____

A. Listing

B. Padding

C. Stock taking

D. Budgeting

9. _____ service is when food and drinks are served on individual trays.

A. Tray

B. Family

C. Buffet

D. Plate

10. The following are basic needs EXCEPT_____

A. Partying

B. Clothing

C. Housing

D. Food

11. Which of these is not a reason for food preservation?
    A. To prevent spoilage
    B. To slow down spoilage
    C. To increase income
    D. To make food fit for consumption

12. The following are containers for storing basic food items in the house EXCEPT
    A. Bottle
    B. Buckets
    C. Suitcase
    D. Resealable bags

13. Preservation by freezing requires _____ the food items
    A. Cooling
    B. Dehydrating
    C. Drying
    D. Heating

14. Which of these is not a change that typically occurs during puberty?
    A. Spiritual
    B. Physical
    C. Emotional
    D. Psychological

15. Pick out the odd one out
    A. Increase in height
    B. Mood swings
    C. Increased hair growth
    D. Changes in voice

16. Pick the odd one out
    A. Voice deepens
    B. Nocturnal emission occurs
    C. Increased shoulders
    D. Broader hips

17. Pick the odd one out

A. Ovaries produce egg cells
B. Menstruation occurs
C. Hips grow broader
D. Testes produce sperm cells

18. All of these are psychological changes that happen during puberty except
    A. caring more about your appearance
    B. wanting more independence from parents
    C. growth of pubic hair stronger
    D. feelings of wanting to be liked and fit in

19. Three physical puberty changes that happen only to boys are
    A. hair growth, growing taller, voice changes
    B. facial hair growth, nocturnal emission, deeper voice
    C. oily skin, underarm hair growth, start menstruating
    D. hips get wider, menstruation, larger breasts

20. Who experiences voice changes, pimples/acne and mood swings during puberty?
    A. Only girls
    B. Only boys
    C. Boys and girls
    D. No one

Answer TRUE or FALSE to the following

21. Puberty happens to every boy and girl at the same time
22. Puberty is optional. Not everyone must pass through it.
23. Personal hygiene is very necessary during puberty.
24. Only girls develop reproductive organs during puberty.
25. Boys and girls tend to act more independently during puberty.