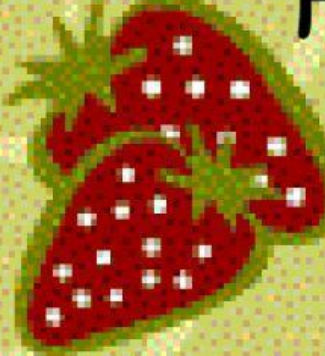


FOOD RIDDLES



1. I am in the vegetable group. I grow underneath the ground. I can be eaten raw or cooked. I help keep eyes healthy. I am the color orange.

2. I am in the protein group. I come from a farm animal. Open me up and you'll see two parts. I am popular in many breakfast recipes. I can be served in many ways, like scrambled, poached, or boiled.



3. I am in fruit group. I am in season most of the year. I am round and plump with tiny seeds inside. You may have heard "one of me a day keeps the doctor away".

4. I am in the vegetable group. I am green. I taste good raw, steamed or roasted. My closest vegetable cousin is cauliflower. I look like a miniature tree.

5. I am in the fruit group. I grow on a tree and I come in many different colors. MY name rhymes with 'chair' and you might need to stand on a chair to pick me!



6. I am in the fruit group. I am a beautiful red color with a green top. I taste great in smoothies, on cereal and all by myself. I am sweet and shaped like a heart.

7. I am in the fruit group. I come in a variety of colors like purple, blue, red, yellow and green. I have a hard pit inside of me. I rhyme with 'hum'.

8. Many people think that I am a vegetable, but I am actually a fruit. People like to use me to make spaghetti sauce and pizza sauce.

9. I am in the fruit group. I am a type of citrus fruit. You can squeeze me to make juice. I am the same color as my name.

10. I am in the fruit group. I'm somewhere between the size of a golf ball and the size of a tennis ball. My skin is brown and fuzzy. Once you peel me I'm bright green and juicy on the inside

Key:

1. Carrot
2. Egg
3. Apple
4. Broccoli
5. Pear
6. Strawberry
7. Plum
8. Tomato
9. Orange
10. Kiwi