

8C Everyday English

I feel a bit tired

Learn to talk about health and how you feel

S Expressing sympathy

P Joining words



1 LISTENING

a  Answer the questions about the pictures.

- 1 Where are Dan and Leo?
- 2 How do you think Dan feels?
- 3 Which picture do you think is last?
- 4 Imagine the conversation in picture b.

b  3.12 Watch or listen to Part 1. What does Martina tell Dan to do?

c  3.13 Watch or listen to Part 2 and answer the questions.

- 1 What's Dan's problem?
 - a He's got a headache.
 - b His back hurts.
 - c He needs to eat some food.
 - d He's got a temperature.
- 2 What do you think Dan wants to do?
 - a go to the aerobics class with Leo
 - b go home with Martina
 - c go on the running machine again

2 USEFUL LANGUAGE

Talking about health and how you feel

a Complete the mini-conversations. Use the words and phrases in the box.

the matter feel well look well feel a bit tired all right

MARTINA Are you ¹_____?

DAN I think so.

MARTINA You don't ²_____.

DAN Yes, I ³_____.

MARTINA What's ⁴_____?

DAN I'm not sure. I don't ⁵_____.

b  3.12-3.13 Watch or listen to Parts 1 and 2 again and check your answers in 2a.

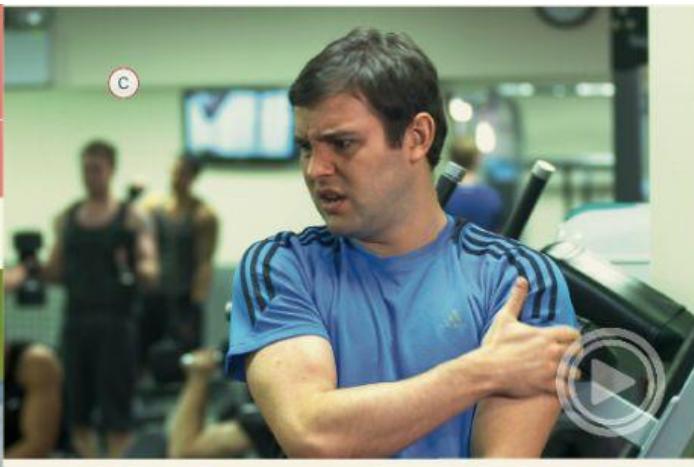
c Look at some ways to say how you feel.

I feel **tired**. I've got **a headache**. My **back** hurts.

Which of the words in the box can you use instead of the marked words?

stomach ache a cold sick hungry arm
ill foot toothache a temperature

d  In pairs, take turns asking about health and saying how you feel. Use the phrases from 2a and 2c.



3 CONVERSATION SKILLS

Expressing sympathy

a Complete what Martina says with the words in the box.

poor thing dear

DAN Actually, I feel awful.

MARTINA Oh ¹ _____. Come and sit down.

MARTINA You poor ² _____. What's the matter?

DAN I'm not sure.

MARTINA So nothing to eat all day?

DAN I ... well ... um ... no. It was a busy day.

MARTINA ³ ____ you. Well, I'm not surprised you don't feel well.

b What do Martina's phrases in 3a mean?

1 I feel sorry for you. 2 I don't feel sorry for you.

c **3.14** Listen to the phrases in 3a. Answer the questions.

- 1 Which word has the main stress in each phrase?
a the first word b the last word
- 2 Does the tone go up ↗ or down ↘ at the end?

d **3.15** In pairs, take turns saying these sentences and giving sympathy using phrases from 3a.

- 1 I've got a cold. 4 I feel really ill.
- 2 I'm so tired. 5 I lost all my money.
- 3 My back hurts. 6 No one loves me.

4 PRONUNCIATION Joining words

a **3.15** Listen to the sound of the marked letters in these sentences. Then read the sentence below and underline the correct words.

1 Come and sit down. 3 You don't look well.
2 I feel a bit tired. 4 Good to see you.

The sound *joins* / *doesn't join* onto the next word, and there's a / no pause.

b **3.15** In pairs, take turns saying the sentences in 4a and giving a reply.

Come and sit down.

OK, thank you.

5 SPEAKING

a **Communication 8C** Student A look at the information below. Student B go to p.133.

Conversation 1. Read your first card. Think about what you want to say. Then start the conversation with Student B.

1 Student B doesn't look well. Ask him/her what's the matter. When he/she tells you, show sympathy using expressions like *Oh dear!* or *Poor you!* Then ask if he/she has a temperature. Tell him/her what to do, e.g. *See a doctor. Go to bed.*

b **Conversation 2.** Now look at your second card. Think about what you want to say. Then listen to Student B and reply.

2 You're not feeling very well. You've got stomach ache and your eyes hurt. You don't feel hungry. When Student A asks you, tell him/her what's the matter.

Unit Progress Test

CHECK YOUR PROGRESS

You can now do the Unit Progress Test.