



Part 1

PLAY

PLAY

PLAY

1



pepper

2



onion

3



aubergine

4



lentil

5



bean

6



dessert

7



cucumber

8



nuts

9



yogurt

10



curry

11



traditional food

12



sticky rice

13



cut

14



Sweets/
candies

15



healthy

16



spicy

17



shish kebab

18



doner kebab

19



kebab

20



mango and
sticky rice

Part 1

I. Read and match.



•

Yogurt

•



Doner kebab

•



•

Traditional food



Dessert

•



•

Bean



Curry

•



•

Pepper



Healthy

•



•

Sticky rice



Spicy

•



•

Cucumber



Nuts

Part 1

My favourite dish

PLAY

II. Read and match.

- | | |
|---|----------------|
| 1. It's kind of chili but not spicy at all. | a) pepper |
| 2. It is white and smoothy, people eat them as a dessert. | b) dessert |
| 3. It is a vegetable, it's small long and green. | c) beans |
| 4. You eat it after a meal. | d) yogurt |
| 5. You can eat, and it is sweet. | e) doner kebab |
| 6. It's a kind of nuts, and it's green . | f) cucumber |
| 7. It's type of soup, It's from India. | g) cut |
| 8. They're small like seeds and can be many color. | h) curry |
| 9. It's a traditional Turkey food. | i) candy |
| 10. You use a knife to make it small. | j) nuts |

III. Write a sentence with the words.

1. pepper

→ You can slice the pepper and put it on top of the pizza.

2. Onion

3. healthy

→

4. bean

→

5. yogurt

→

6. kebab

→

7. cut

→

Reading



Play

My favourite dish



I'm Mehmet and I'm from Turkey. Turkish food is delicious and it's healthy, too. We eat a lot of fresh vegetables like peppers, onions and aubergines. We also eat a lot of meat, lentils, beans, yoghurt and nuts. In the summer, the weather is very hot, so we often eat light meals with lots of vegetables and fruit.

My favourite dish is kebab. It's a traditional Turkish dish, and it's traditional in lots of other countries, too. You can have doner kebabs or shish kebabs. A doner kebab is meat cooked in a large block. You cut small pieces of meat from the block and put it in a piece of flat bread called a pita. A shish kebab is pieces of meat cooked on a stick. I usually put some tomatoes, onions, cucumber and yoghurt in the pita with my meat. Kebabs are very tasty!



My name's Arisa. I'm from Thailand. At meal times, we eat soups, salads, curries and fried dishes. We usually have a dessert, too. Some Thai dishes are very spicy. We sometimes have spicy food for breakfast, too. I like curry and rice with an egg on top for breakfast!

My favourite Thai dish is mango and sticky rice. It's a very sweet dish. You cook the rice with coconut milk and brown sugar. Then you make a sauce with more coconut milk and sugar. You put the rice and some fresh mango on a plate, then you put some of the sauce on top. You can eat it hot or cold. I often make mango and sticky rice with my grandma. We eat it for dessert, or for a treat on a hot day. It's delicious!



5 Listen and read. 91 6 Answer the questions.

- 1 What does Mehmet eat with his kebab meat?
- 2 What are the ingredients in mango with sticky rice?
- 3 Have you ever cooked a dish? What was it?
- 4 What's your favourite dish? What are the ingredients?

Paragraph A

I'm Mehmet and I'm from Turkey. Turkish food is delicious and it's healthy, too. We eat a lot of fresh vegetables like peppers, onions and aubergines. We also eat a lot of meat, lentils, beans, yoghurt and nuts. In the summer, the weather is very hot, so we often eat light meals with lots of vegetables and fruit



I. Read and answer the questions

1. Where is Mehmet from?

- a) Turkey
- b) Thailand
- c) Japan

2. Mehmet eats a lot of fresh vegetables

- a) True
- b) False

3. Which vegetable is NOT mentioned in the text?

- a) Aubergines
- b) Onions
- c) Carrots

4. Do people in Turkey often eat light meals in the summer?

- a) Yes
- b) No

5. What is the weather like in the summer in Turkey?

→

6. How does Turkish food taste?

→

PARAGRAPH B

My favourite dish is kebab. It's a traditional Turkish dish, and it's traditional in lots of other countries, too. You can have doner kebabs or shish kebabs. A doner kebab is meat cooked in a large block. You cut small pieces of meat from the block and put it in a piece of flat bread called a pita.

A shish kebab is pieces of meat cooked on a stick. I usually put some tomatoes, onions, cucumber and yoghurt in the pita with my meat. Kebabs are very tasty!



Part 2

I. Read and answer the questions

1. What is Mehmet's favourite dish?

- a) Kebab
- b) Curry
- c) Noodles

3. For a doner kebab, you cut _____ from the large block.

- a) small pieces
- b) big pieces
- c) no pieces

2. A doner kebab is meat cooked on a stick.

- a) small pieces
- b) big pieces
- c) no pieces

4. Does Mehmet add yoghurt to his pita?

- a) Yes
- b) No

5. Name two types of kebabs mentioned in the text.

→

6. What does Mehmet put in his pita with the meat?

→

PARAGRAPH C

My name's Arisa. I'm from Thailand. At meal times, we eat soups, salads, curries and fried dishes. We usually have a dessert, too.

Some Thai dishes are very spicy. We sometimes have spicy food for breakfast, too. I like curry and rice with an egg on top for breakfast!



I. Read and answer the questions

1. Where is Arisa from?

- a) Thailand
- b) Japan
- c) Turkey

3. What does Arisa like for breakfast?

- a) Soup and noodles
- b) Curry and rice with an egg
- c) Bread and milk

2. Some Thai dishes are very spicy.

- a) True
- b) False

4. Do Thai people always eat spicy food for breakfast?

- a) Yes
- b) No

Part 2

5. Name two types of food Thai people eat at meal times.

→

6. What does Mehmet put in his pita with the meat?

→

PARAGRAPH D

My favourite Thai dish is mango and sticky rice. It's a very sweet dish. You cook the rice with coconut milk and brown sugar. Then you make a sauce with more coconut milk and sugar. You put the rice and some fresh mango on a plate, then you put some of the sauce on top. You can eat it hot or cold. I often make mango and sticky rice with my grandma. We eat it for dessert, or for a treat on a hot day. It's delicious!



1. Read and answer the questions

1. What is Arisa's favourite Thai dish?

- a) Green curry
- b) Mango and sticky rice
- c) Fried noodles

3. What do you cook the rice with?

- a) Milk and salt
- b) Water only
- c) Coconut milk and brown sugar

5. Name the food in this dish.

→

6. Who does Arisa often cook this dish with?

→

2. Mango and sticky rice is a very sweet dish

- a) True
- b) False

4. Can you eat mango and sticky rice cold?

- a) Yes
- b) No