Unit 6

Unit 6 Revision

1 Choose the correct option (a, b or c) to complete the sentences.

1 You.....forget to take some time out for yourself and simply relax every now and then.

a can't (b) shouldn't c don't have to

2 Robbie.....to book a table for tonight – I've already phoned the restaurant.

a doesn't have b isn't allowed c mustn't

3 You.....watch your caffeine intake if you want to catch up on sleep.

a can't b should c are allowed to

4 You.....to eat chocolate and other sweets on this diet, as long as you do so in moderation.

a can b don't have c are allowed

5 ..... to cook every single day?

a Must you b Should you c Do you have

6 I.....give in to those cravings for snacks in between meals or I'll never lose weight.

a mustn't b should c don't have to

2 Look at the first sentence. Complete the second sentence so that it has the same meaning. Use the words in bold.

1 I advise you to try these sautéed vegetables – they're delicious. **should**

You *should try these sautéed vegetables – they're delicious.*

2 Don't forget to do your breathing exercises before you go to bed. **mustn't**

You.....

before you go to bed.

3 If she doesn't want to peel the potatoes before cooking them, it's not necessary to do so. **have**

She.....

before cooking them.

4 Is it OK for the children to stay up late? **allowed**

Are.....

up late?

5 This soft drink isn't suitable for diabetics. **can't**

Diabetics.....

this soft drink.

6 It's necessary for you to maintain a natural sleep cycle. **must**

You.....

a natural sleep cycle.

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3 Complete the sentences with the present simple and *will* + infinitive.

1 If you ...*have*... (have) the willpower, you ...*'ll be able*... (be able) to make big changes in your life.

2 Unless you ..... (cut out) poor food choices, you ..... (increase) the risk of heart disease.

3 Susan ..... (feel) less tired when she ..... (adopt) a daylight work schedule.

4 If you ..... (not overcook) the shrimps, they ..... (remain) tender and juicy.

5 I ..... (order) a meal as soon as I ..... (finish) work today.

6 Before Tina ..... (go on) a diet, she ..... (have) to change her lifestyle a bit.

4 Match the two parts of the sentences.

1 You'll feel proud of yourself ...*e*...

2 Tom will complain to the manager of the restaurant .....

3 You won't feel better .....

4 I won't order anything .....

5 You'll soon feel healthier .....

6 You won't be fit enough for this sport .....

a before you arrive at the restaurant.

b unless you train every day.

c if you drink 1½–2 litres of water per day.

d if the service continues to be so bad.

e as soon as you manage to control your overeating.

f unless you change your lifestyle.

5 Circle the correct option.

1 [*If*] / *Before* you don't change the cooking oil regularly, the food won't taste very nice.

2 If it *won't be* / *isn't* too expensive, we'll all have fresh fish at the restaurant this evening.

3 They won't close the staff restaurant *until* / *unless* we stop using it.

4 It will take some time *as soon as* / *before* you see the results of this therapy.

5 Unless you *don't reduce* / *reduce* your salt intake, you'll risk high blood pressure.

6 We aren't really hungry, so we won't eat *unless* / *if* we can order just a starter.

7 Until *you'll cut down* / *you cut down* on the heavy meals at night, you'll have sleeping problems.