

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Unit 7 Study Skills

**Task A: Tick the correct answer.**

| No. | Study habits                                | Good | Poor |
|-----|---------------------------------------------|------|------|
| 1.  | Distracted by social media and cell phones. |      |      |
| 2.  | Plan your study ahead.                      |      |      |
| 3.  | Study on a bed.                             |      |      |
| 4.  | Good time management.                       |      |      |
| 5.  | Wait until the last minute.                 |      |      |
| 6.  | Make notes and revise.                      |      |      |
| 7.  | Study in a quiet place.                     |      |      |
| 8.  | Pay attention when teacher is teaching.     |      |      |
| 9.  | Study in front of a television.             |      |      |
| 10. | Set study goals.                            |      |      |
| 11. | Study in a group.                           |      |      |
| 12. | Procrastination.                            |      |      |



**Task B: Match the details with the main ideas.**

1. When you follow a timetable, you will always finish your work on time. Using a timetable will also help you to do well in your tests.

2. Always switch off your mobile phone so that your friends cannot call to chat with you. Do not study in front of a television that is switched on because you will be distracted by the noise and the television programmes.

3. When you do not understand a lesson, ask your teacher for help. If you get a poor mark for a test, ask your teacher what you did wrong and how you can do better in the next test.

Reduce distractions when you study.

Make a timetable and use it.

Ask for help when you need it.

