



Spotlight 7

Grammar Task 7912

Read the text and fill in the gaps transforming capitalised words.

Write in BLOCK CAPITALS without spaces between the words!!!
(ПЕЧАТНЫМИ ЗАГЛАВНЫМИ БУКВАМИ, ТОЛЬКО ПОЛНЫЕ ФОРМЫ!!!
без пробелов и знаков препинания!)

(1)___ usually burn around 385 calories - the equivalent of a piece of carrot cake - (2)___ around stores each week. They cover 154 miles a year - the same distance as (3) _____ from London to Nottingham.

They feel (4) ___ after a (5) ___ shopping than after a workout at the gym. Add to that the (6)_____ of bags full of (7)___ things and you have a workout worthy of the gym. Nine out of ten women said they wear (8) ___ shoes for a big shopping session - "to shop until drop".

WOMAN

WALK

HIKE

TIRE (4)

DAY (5)

WEIGH

DIFFER

COMFORT

