Listening

1 UT Track 1 **Listen to people speaking in five different situations. For each situation, choose the correct answer.**

1 What are the speakers doing?
a) introducing themselves **b)** giving a birthday present **c)** identifying a friend

2 What is the boy talking about?
a) sports he hopes to play in the future **b)** leisure activities he has taken part in **c)** TV programmes he is too busy to see

3 What is different about the person in the photo now?
a) his hair **b)** his moustache **c)** his personality

4 Why is Veronica unhappy?
a) Her homework is difficult. **b)** She cannot concentrate. **c)** She is hungry.

5 What are the speakers doing?
a) choosing a concert **b)** planning their next holiday **c)** deciding when to leave

/5

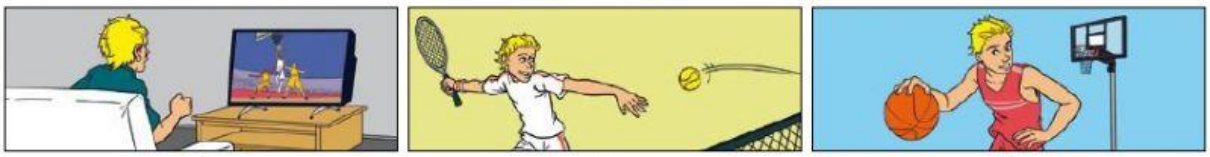
2

UT Track 1 **Listen again. Choose the correct answer (A, B or C).**

1 Where are Jason and Kevin?

A B C

2 How does Peter spend his free time now?



A B C

3 Which picture is the woman describing?

A B C

4 What homework is Veronica doing right now?

A B C

5 What is the girl going to do next?

A B C

/5

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Grammar

3 Complete the email with the verbs in brackets in the present simple or the present continuous.

Hi Jack,

Hope you are well. I (1) _____ (**write**) to you from Liverpool!

We (2)_____(**stay**) in the city centre. Our room (3) _____ (**have**) a great view over the city. I can see the River Mersey and some famous buildings. At the moment I (4)_____(**have**) a cup of tea on the rooftop terrace. English people (5) _____ (**drink**) tea all the time here, even with their meals! It's very strange!

Today, it's a lovely day and the sun (6) _____ (**shine**). I (7)_____(**need**) to charge my mobile because we are going to visit Anfield, the home of Liverpool FC, and I want to take some photos. I (8) _____ (**know**) you always watch English football so I (9)_____(**think**) I will buy your present there.

It (10)_____(**get**) late so I will stop now.

See you soon!

Jenny

/10

4 Choose the correct word or phrase to fill each gap.

My Morning

Usually on a school day I only have (1) _____ time to get ready. (2)_____my parents work so they are usually moving as fast as me in the morning. I've got two brothers and (3)_____go to my school. We've only got one bathroom so (4)_____one of us has to have a shower quickly. Fortunately, my brothers don't take (5) _____ time which means I get (6)_____minutes extra. I usually have cereal with (7)_____milk and sometimes (8)_____biscuits. Some days I do my homework while I am eating my breakfast, but (9)_____days I do it the night before. My dad drives us to school. There isn't (10)_____space in his car so my brothers and I are always glad when we arrive at school and get out!

1	**A** few	**B** a few	**C** a little
2	**A** Each	**B** Both of	**C** Most of
3	**A** both	**B** each	**C** every
4	**A** most	**B** some	**C** each
5	**A** most	**B** many	**C** much
6	**A** a number	**B** a few	**C** a little
7	**A** amount of	**B** a little	**C** lots
8	**A** a few	**B** a piece of	**C** most of
9	**A** the most	**B** most	**C** most of
10	**A** much	**B** many	**C** lot of

/10

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Reading

Body language improves communication

Terry Gibbs, a body language expert, explains how body language helps people to communicate.

So, Terry – what is body language?

Well, everybody moves their face and body in different ways. The way people move can show their emotions. Body language is non-verbal. This means that people are communicating information without speaking. A famous study showed that effective communication is 93% non-verbal and only 7% the words you say. Of the 93%, 38% is the tone of your voice and 55% is body language. So, to communicate well you need to understand body language.

And what do you do?

Because I can read body language, I work for people interested in understanding the signals that individuals send. A newspaper will contact me when they want to look into the non-verbal messages that politicians give when they speak on television. Sometimes the words give one message, but the body language says the opposite. I also advise the police when they don't know if a criminal is telling the truth or if a witness is unreliable. Of course, when I'm sitting in the police interview room, I don't reveal to the witnesses that I'm a body language expert. I keep that to myself.

Could you give us some examples?

Yes, for example, a person who is shy doesn't like looking directly in the eye of another person. They often look down, keeping their arms close to their body and their legs together. However, a confident person can maintain eye contact for a long time and will open their arms and shoulders wide to appear bigger. They also walk faster but, when speaking, they often pause and are happy to listen, whereas nervous people can't stop talking.

Can you really tell if a criminal is not telling the truth?

Yes, most of the time. I notice if their attitude changes when we are talking. For example, they might start being friendly and then become more serious as I ask them for more details. And people who give lots of unnecessary details also might be trying too hard to make me believe something. If they touch their face with their hand or put their hand over their mouth, these are good signs that their story might not be true.

Finally, Terry, how can we learn how to read body language?

You need to be interested in people and you have to learn the meaning of many different body movements and facial expressions. For example, I see your head is forward and you are smiling a lot. So, I think you are a curious person and you are enjoying our conversation!

That's so true! Thanks, Terry. For some free information about body language just email the magazine and we will send you Terry's e-book on body language as soon as we hear from you. In a few weeks you will be able to amaze your friends with your new skills!

5 Read the article and choose true (T) or false (F).

1. According to research, over half of effective communication is through body language. **T / F**
2. During interviews, Terry tells witnesses what his job is. **T / F**
3. Nervous people speak more than confident people. **T / F**
4. According to Terry, criminals who give too many details might not be telling the truth. **T / F**
5. Readers who want Terry's book must wait a week for it to arrive. **T / F**

/5

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6 **For questions 1–5, choose the answer (A, B, C or D) which you think fits best according to the text.**

1 What do you learn about body language from Terry Gibbs?
- **A** It takes a long time for someone to study it completely.
- **B** People can reveal how they feel by their movements.
- **C** People believe they communicate better using words.
- **D** Quiet people can often be better communicators.

2 Terry explains that he
- **A** helps police who have body language problems.
- **B** tells people about the body language of other people.
- **C** has interviewed politicians on television.
- **D** helps people who are shy to feel more positive.

3 What does Terry say about shy people?
- **A** People don't usually notice them.
- **B** They always look at their shoes.
- **C** They find it difficult to keep eye contact.
- **D** They prefer not to talk to confident people.

4 According to Terry, criminals who don't tell the truth
- **A** often cover their mouth.
- **B** are unfriendly and unreliable.
- **C** are difficult to talk to.
- **D** change the details of their story.

5 What advice might Terry give to someone interested in reading body language?
- **A** Be an interesting person and study biology.
- **B** Smile and be confident.
- **C** Be curious about people and study a lot.
- **D** Practise moving your body and see how you feel.

/5

Vocabulary

7 **Complete the sentences with words from the box. There are two words which you do not need to use.**

creative | curious | friendly | negative popular | serious | shy | unreliable

1 Please be more_____in class. I like you to have fun, but you need to concentrate much more.

2 My little sister is_____about everything. She is always asking questions so she can understand things.

3 Max has the most friends on social media and he is very_____at school too.

4 It's not good to be_____all the time. Try to find the good in every situation.

5 James is so_____. He is always smiling and is nice to everyone.

6 I agreed to meet Mike at the cinema, but he didn't come. He's so_____.

/6

8 **Complete the dialogue with the correct form of the words in brackets.**

Sam: Look, Emily! The local cinema is looking for new staff. They are looking for people with a positive (1) _____ (**person**) and someone who is very (2) _____ (**rely**).

Emily: That isn't good for me. I suffer from (3) _____ (**shy**) and I'm not very (**4**)_____(**depend**) at all! I am looking for something more artistic – you know, a job with a bit more (5) _____ (**create**). My perfect job would be designing the graphics for video games. Just out of (6) _____ (**curious**), how much are they paying?

Sam: The advert doesn't say.

Emily: It's probably not much. Working in a cinema doesn't pay very (7) _____ (**generous**).

Sam: So much (**8**)_____(**negative**)! I think it could be a great experience. I'm going to apply.

/8

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9 Complete the sentences with the correct alternative.

1 Please don't shout at me, Tom. It makes me feel **deep** / **small** / **long**.
2 We are leaving early tomorrow, so you need to be **wide** / **deep** / **fast** awake at 6 o'clock.
3 It has been a **big** / **long** / **wide** time since I read a normal book. I prefer e-books now.
4 I want to have a **deep** / **wide** / **long** voice when I'm older so I can be an actor.
5 Help! I'm in **wide** / **high** / **big** trouble. I put salt in the cake instead of sugar!
6 When the film finished, Jonny was **slow** / **fast** / **wide** asleep.

/6

Speaking

10 If a word or phrase in bold is correct, put a tick. If it's incorrect, rewrite it correctly on the line. There may be more than one correct answer for the corrected sentences.

1 I don't have **lot of** free time, but I like swimming at weekends. _____
2 My favourite teacher? **Well**, I think my history teacher is great. _____
3 **I am** studying English since I was five. _____
4 My favourite sport? That's easy. It's **definite** football – I love it! _____
5 Describe myself? Well, I **would** say I'm quite tall with brown hair and brown eyes. _____

/5

11 Answer the questions with complete sentences. Include at least two pieces of information in your answer.

1 How would you describe yourself?
_____
_____

2 What is your favourite subject? Why?
_____
_____

3 Do you like studying English? Why / Why not?
_____
_____

4 What do you enjoy doing at the weekend?
_____
_____

5 Tell me about your favourite teacher.
_____
_____

/10

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Language in Use

12 Choose the correct word to fill each gap.

Helping Gran

My grandma has lived on her own for years, but now she is very old and needs someone to look (1)_____her. We visit her at weekends and I always (2)_____forward to our time together. I think we have created a great (3)_____. I enjoy listening to her stories about when my mother was a child. I help her with the computer and together we look (4)_____information about her friends and the area where she lived. I like looking (5)_____her past like a detective and discovering her old friends online.

My gran is a very (6)_____person so she's always making things like scarves or birthday cards. We are making a scrapbook together at the moment for my mum's 50th birthday. Every week we make a new page. It started as an idea for a present, but now it has (7)_____into my favourite hobby. I am excited to see my mum's reaction when she turns (8)_____the last page and discovers that I made it with her mother. My gran has got a television but only turns it (9)_____to watch tennis. Sometimes she falls asleep in the middle of the matches and I have to (10)_____the TV off before I leave.

1	**A** for	**B** after	**C** down	**D** over
2	**A** look	**B** see	**C** get	**D** come
3	**A** curiosity	**B** generosity	**C** friendship	**D** popularity
4	**A** after	**B** up	**C** down	**D** before
5	**A** into	**B** down	**C** for	**D** to
6	**A** shy	**B** dependable	**C** polite	**D** creative
7	**A** become	**B** made	**C** turned	**D** come
8	**A** in	**B** over	**C** for	**D** on
9	**A** off	**B** in	**C** down	**D** on
10	**A** close	**B** turn	**C** shut	**D** pull

/10

Writing

13 Complete the letter with one word in each gap.

Hi Jenny,

(1)_____for your letter. It was great to hear (2)_____you. I'm glad everything is going well at your school. (3)_____on winning the basketball competition!

I'm doing a school project on students' hobbies. Can you tell me your favourite hobby and why you like it? Where do you do it and who do you do it with?

My hobby is bowling. I enjoy it most (4) _____ it's fun and I like to beat my brothers. We are playing this afternoon. Wish me luck because the person who loses is going to pay for pizzas afterwards.

Bye (5)_____now!

Love,

Alice

/5

14 Now write the middle paragraph (4–5 sentences) of an email replying to Alice and answering her questions.

Hi Alice,

Good to hear from you. I'm happy to answer your questions!

_____

_____

_____

_____

_____

_____

_____

_____

Hope that helps!

Love,

Jenny

/10

Total score /100

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