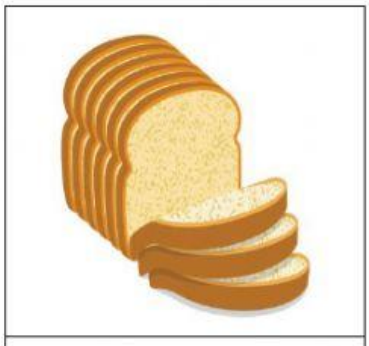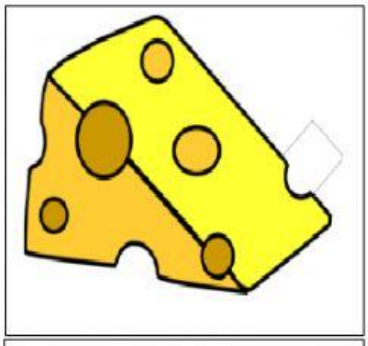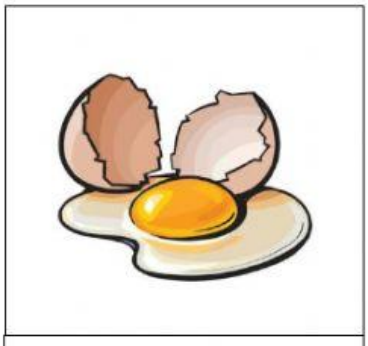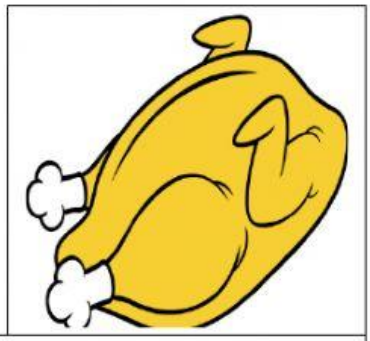Foods