

Ex. 1 Read the text and fill in the missing words.

cereal, chocolate, sandwich, milk, juice, cheese, orange, water, apple, grapes

Lucy's Healthy Living Blog

Hi guys!

Lots of you have asked me what I usually eat. Well, I always try to eat healthy food. Every morning, I eat a bowl of

1)  c with 2)  m for breakfast and I drink a glass of

3)  j . At about 11 o'clock, I have an 4)  a or an

5)  o . I usually have my lunch at 1:30. I eat a 6)  s with

7)  c , some 8)  g and drink a glass of

9)  w . I don't eat 10)  c because it's unhealthy. What about you?

Ex. 2 Choose the odd one out.

- 1 carrots – cheese – lettuce – onions
- 2 biscuits – crisps – milk – crackers
- 3 carton – bottle – packet – juice
- 4 chicken – tuna – lobster – crab
- 5 cheese – butter – pasta – yoghurt
- 6 saucer – lunch – supper – dinner
- 7 rice – milk – spaghetti – pasta
- 8 juice – coffee – hot chocolate – cereal

Ex. 3 Fill in.

Containers

3 Fill in: ...

carton bag
bar bottle
glass cup
bowl packet
jar can

1 a _____ of coffee ...
2 a _____ of peppers ...
3 a _____ of water ...
4 a _____ of olive oil ...
5 a _____ of milk ...
6 a _____ of biscuits ...
7 a _____ of jam ...
8 a _____ of chocolate ...
9 a _____ of flour ...
10 a _____ of beans ...

Ex. 4 Lucy is going to the supermarket. What will she buy? Listen and write her shopping list.

1. a _____ of coffee
2. a _____ of biscuits
3. some _____
4. a few _____ and _____
5. some _____
6. a _____ of orange juice

