Student Name	
Student ID:	
Class:	

Part 1

Read the short texts. For each text (**1 - 4**), choose **ONE** title (**A - F**).

There is one title you do not need. There is one **EXAMPLE**.

A Mouth-watering
B Lifestyle
C Life expectancy
~~**D** Starter~~
E Dessert
F Eating plan

EXAMPLE: ___**D**___

This is something a person would normally eat before their main meal. Sometimes, people only eat this because the size of it is so generous. It should be smaller than a main meal, though.

Text 1 _____

This is something that is different for every person. It means how long a person will probably live for. Some experts believe people should follow a healthy diet and include lots of vegetables, fruit and fish to make it longer.

Text 2 _____

This is something people follow to improve their diets and lifestyles. It usually helps people stay focused on what they eat and make them feel better. It normally includes healthy foods.

Text 3 _____

Some people use this word to describe food that tastes delicious and they enjoy eating. The food usually looks very good, too. Often, people describe food in this way to recommend it to other people.

Text 4 _____

This word means a way in which people live. Doctors and experts always recommend to people that they choose to be active and eat healthy food. Often, people change it to live longer.

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Part 2

Read the text and answer the questions.

For each question (**5 – 8**), choose the correct answer **A**, **B** or **C**.

Food from Another Country

Kerala in India is known to be called the *Land of Spices*. There are many different cultures in Kerala so there are many influences on the flavours. They have delicious sauces which are made from a wonderful variety of ingredients. For example, garlic, ginger and cloves. The Keralan cuisine includes a lot of vegetarian dishes and seafood dishes, of which one is shrimp.

For breakfast in Kerala, a common thing to eat is *putta* and *kadala curry*. The *putta* includes rice and coconut. The *kadala* is made from black chickpeas, which are cooked with onion, coconut milk and different spices. Some people also like the dish to be served with bananas. Another dish they like to eat for breakfast is lentils (*dahl*) served with a chapati (*rotti*).

A popular dish normally eaten for dinner is pumpkin and lentil curry. This is made from sweet potatoes, which are boiled in water. People add salt, pepper and various other spices, which they serve with rice. This dish is especially on the menu during all the different festivals in Kerala.

5. There are _____ the food flavour from Kerala.
- **A** no influences on
- **B** no cultural influences
- **C** a lot of cultures that influence

6. Keralan sauces include _____.
- **A** a lot of garlic
- **B** many different ingredients
- **C** meat

7. The *kadala* is cooked with _____.
- **A** bananas and lentils
- **B** no spices and coconut milk
- **C** different spices and onion

8. The pumpkin and lentil curry is _____.
- **A** served at all festivals
- **B** an unpopular dish
- **C** only eaten at festivals

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Part 3

Read the text and answer the questions.

For each question (**9 – 10**), choose the correct answer *according to the text*: **True**, **False** or **Not given**.

Rice around the World

Eating rice is popular all around the world. In Thailand, they have a tasty dish called *Kow Mun Gai.* At every corner, there are street vendors that cook this rice dish in front of you. They cook the rice with chicken, and it is served with a yellow bean and melon soup. Even though it sounds weird, it is meant to be delicious and very spicy!

Most people may think that the Japanese food *sushi* is raw fish, but it is actually rice. The rice is mixed with vinegar and the raw fish is used to decorate it. Sometimes, the *sushi* can be wrapped in seaweed so that when you are eating it, your fingers do not get sticky.

9. In Thailand, there are street vendors everywhere.

True **False** **Not given**

10. Seaweed is used in *sushi* to decorate it.

True **False** **Not given**

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