

UNIT 11 AGE - REGRETS

LISTENING TASK

Pre-listening

What do you think people regret at the end of their lives?

Listening

<https://deepenglish.com/2012/01/top-5-regrets-of-the-dying/>

A. Listen and put the information (1-5) in the correct order.

	Then they were on their deathbed, they realized that time with their family was more important than having more money.
	They wish they had been more open to change.
	When the end is near people often remember all the dreams that they didn't follow.
	They thought about their friendships and felt bad that they had lost contact with them.
	These people had pushed their true feelings down and worried too much about what other people thought.

B. Listen and complete the top five regrets.

1. "I _____ I'd _____ the courage to live a life true to myself, not the life others expected of me."
2. "I _____ I _____ so hard."
3. "I wish I' _____ the courage to express my feelings."
4. "I wish I _____ in touch with my friends."
5. "I wish that _____ myself be happier."