

### TITLE 3

**NARRATOR: HELEN HATES GETTING ILL, AND WHEN YOU SNEEZE ILLNESSES CAN MOVE FROM ONE PERSON TO ANOTHER. HELEN WANTS TO KNOW: HOW FAR FROM A SNEEZE CAN YOU CATCH A DISEASE? TO FIND OUT, SHE'S CARRYING OUT AN EXPERIMENT WITH THE HELP OF PROFESSOR ANDREW EASTERN. MEET SNEEZING SALLY. WE ARE GOING TO MEASURE THE DISTANCE A SNEEZE CAN TRAVEL UP A BUS.**

**HELEN: SALLY, ARE YOU READY? OK... AND ACTION!**

**SALLY: ATISHOO! ATISHOO! ATISHOO!**

**HELEN: SO WHAT HAPPENS NEXT?**

**ANDREW: SO NOW WE JUST WAIT.**



**NARRATOR: ANDREW AND HIS PLATES GO BACK TO THE LAB FOR TESTING. THE RESULTS SHOW THAT THE SNEEZE TRAVELLED FIVE ROWS, THAT'S NEARLY FIVE AND A HALF METRES.**

**HELEN: KEEP YOUR SNEEZE IN! DON'T SPREAD YOUR DISEASE FIVE AND A HALF METRES AWAY!**

### TITLE 4

**NARRATOR: BACK WITH JAVID, THE TEST RESULTS SHOWED THAT NOBODY CAUGHT A COLD, BUT EXPERTS STILL HAD SOME ADVICE ON HOW TO STAY HEALTHY.**

**ROB: EAT WELL, THAT'S THE KEY THING. YOU KNOW – EXERCISE, WASH YOUR HANDS.**

**NARRATOR: COLDS AND ILLNESSES SPREAD FROM YOUR NOSE AND THROAT WHEN YOU SNEEZE AND LAND ON OTHER PEOPLE. SO, IF YOU SNEEZE, ALWAYS COVER YOUR NOSE AND MOUTH AND ALWAYS RE-MEMBER TO WASH YOUR HANDS! THERE YOU HAVE IT, YOU DON'T CATCH A COLD FROM BEING COLD, BUT IT'S STILL VERY IMPORTANT TO LOOK AFTER YOURSELF.**



*Pustovalova A.A.*