a Underline the correct words to complete the sentences.

1 I *catch usually* / *usually catch* the bus to school, but I *am always* / *always am* there by 7:30.
2 Jane *sometimes watches* / *watches sometimes* TV after dinner and then she *often reads* / *reads often* a book before she goes to bed.
3 My father *goes always* / *always goes* to bed very early because he *is usually* / *usually is* tired by 10 o'clock.
4 I *often am* / *am often* at work before 9 o'clock and I *don't finish usually* / *don't usually finish* work until 7 o'clock.

c Put the words in the correct order to make questions.

1 often / how / cinema / do / you / to / go / the ?
How often do you go to the cinema?
2 to work / do / walk / you / usually ?
3 always / are / tired / you / why ?
4 you / where / usually / at weekends / go / do ?
5 football / do / how / they / play / often ?
6 often / is / late / for work / he ?
7 me / you / never / do / write / to / why ?

Write sentences using the information in the table and adverbs of frequency. always = ✓✓✓✓✓, never = ✗✗✗✗✗

	Monday	Tuesday	Wednesday	Thursday	Friday
Paul / have breakfast	✓	✓	✗	✓	✓
My parents / eat in a restaurant	✗	✓	✓	✗	✗
I / play tennis	✓	✗	✓	✗	✓
Natasha / late for work	✗	✗	✗	✗	✗
We / watch TV in the evening	✓	✓	✓	✓	✓

1 Paul usually has breakfast.
2
3
4
5

b Put the words in the correct order to make sentences. (Sometimes there is more than one possible answer.)

1 with their grandparents / lunch / usually / Sundays / they / have / on .
They usually have lunch with their grandparents on Sundays.

2 always / on / am / I / after my fitness class / tired / Fridays .

3 at / work / my manager / 7:30 / starts / in the morning / often .

4 at weekends / together / never / dinner / have / his / family .

5 on Sundays / you / what time / do / go to bed / usually ?

6 gets / Paul / sometimes / in his maths tests / 100% .

3 VOCABULARY Time expressions

a Darren has a very busy timetable. Use the information in the table to complete the sentences.

How often do you do these activities?	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
1 go to school	✓	✓	✓	✓	✓	✓	
2 study Maths		✓		✓			
3 play basketball	✓		✓			✓	
4 go swimming	✓	✓		✓			✓
5 watch TV	✓	✓	✓	✓	✓	✓	✓
6 visit your grandparents							✓
7 have band practice	✓		✓		✓		
8 work as a waiter in the café					✓	✓	

1 Darren goes to school six times a week.
2 He _____ maths _____ week.
3 He _____ basketball _____ week.
4 He _____ swimming _____ week.
5 He _____ TV _____ day.
6 He _____ his grandparents _____ week.
7 He _____ band practice _____ week.
8 He _____ as a waiter in the café _____ week.

4 VOCABULARY Common verbs

a Complete the sentences with the verbs in the box.

buy	sells	find	decide	help
~~try~~	prefer	stay	cost	meet

1 Why don't we ~~try~~ the new café near the station?
2 When I go to Paris, I usually _____ with my friend, Jean-Paul.
3 I _____ to go to the gym before I start work.
4 The new supermarket _____ Italian coffee – it's delicious!
5 I usually _____ a sandwich for lunch.
6 I don't like my job. I need to _____ a new one.
7 Can you _____ me to carry the shopping?
8 I can't _____ which language to study – Spanish or Italian.
9 Why don't we _____ at the cinema at 7:15?
10 How much does a cup of tea _____ in the new café?