

DESARME OF OVIEDO

Do you know what people eat in Oviedo every year on 19th October? Read on and find out.



In 1836 Spain started a very long war between Queen Isabel II and her uncle Carlos. During this war the two armies gave rifles to the population to fight on their side.

Queen Isabel won and the war finished in 1876. The authorities of Oviedo offered a very **hearty meal** to the people of the city to celebrate that they didn't have to fight anymore and got *disarmed*. That meal consisted in **chickpeas with cod** and spinach.

Some time later people added **tripe** to the original menu. This is how the tradition of *el desarme* started and that is what you can eat one hundred years later in any restaurant of the city.

If you feel hungry after those two dishes, the menu also includes rice pudding.

And now enjoy!



NOW ANSWER THE QUESTIONS

1. How many years did the war last?
2. What was celebrated with this meal?

3. Is it true that people eat *el desarme* menu only at home?

4. Is there anything sweet in *el desarme*?

5. Can you think of any other traditional Asturian dishes?