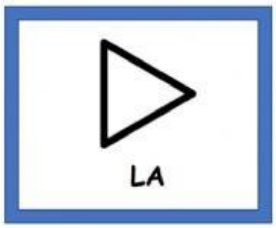¿QUÉ COME?