

WHAT KIND OF A **FRIEND** ARE YOU?

I sometimes feel a bit **anxious** in situations where there are lots of people.

When my friends are **annoying**, I tell them. But I am **sensitive** to their feelings.

I hang out with my friends if I have spare time.

I don't like planning too much. Let's just see what happens!

I prefer to listen to other people's ideas, although I sometimes have good ideas too.

I love hanging out with a big group of friends.

If my friends have a problem, then I'll listen.

My friends trust me with their secrets.

I'd do anything to help my best friends.

I have lots of best friends – girls and boys!

I love laughing, especially when I feel **silly**!

I love my friends, but I really love being on my own.



1 MOSTLY ORANGE Brilliant best friend

You're a **reliable** best friend. And you're also kind, honest and caring, and your friends know how **sensible** you are! You're a **thoughtful** and sweet person, and it's no surprise that you love having people around you.

2 MOSTLY YELLOW The cheerful chum

You've got loads of friends and you're **easygoing**! You love having fun and you'd never be cruel to anyone. You are never **jealous** of other people, and everyone likes that! People love having you at parties! Go, **sociable** you!

3 MOSTLY GREEN The perfect pal

You prefer to have a few close friends rather than lots of friends. You're confident, **talented** and **loyal** to your friends. You love hanging out with your friends but you also like to spend time alone.

Match the **words** in the box to the meanings.

annoying	anxious	easygoing	jealous	loyal
reliable	sensible	sensitive	silly	sociable
talented	thoughtful			

- 1 making you feel angry
- 2 someone you can trust and/or believe
- 3 behaving in a careful way that shows good judgement
- 4 enjoying being with people
- 5 worried and nervous
- 6 relaxed and calm
- 7 behaving in a way that is funny and not serious
- 8 having a natural ability to do something
- 9 always supporting and liking someone
- 10 thinking about how you can help other people
- 11 wanting something that someone else has
- 12 being easily upset by things other people say or do to you

Listen to Sophie and Ben talking about the quiz. Which of the below adjectives would you use to describe them?

Write in the spaces provided.

annoying	anxious	easygoing	honest	
jealous	loyal	reliable	reliable	sensitive
silly	sociable	talented	thoughtful	

Sophie

Ben