ADAPTED BY LIC. MARLON HERNÁNDEZ SALAS

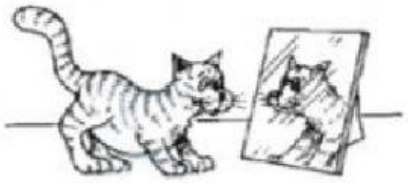
MODULE: Desarrollo de Procesos de Comunicación en inglés a Nivel Intermedio
LEARNING UNIT # 1

REFLEXIVE PRONOUNS

Reflexive pronouns end in **-self / selves**. They are used when the subject (e.g.,I) and the object (e.g., myself) are the same person. The action of the verb is pointed back to the subject of the sentence.

INCORRECT: I saw me in the mirror.

- Myself ….. I saw myself in the mirror.
- Yourself……You (one person) saw yourself.
- Herself….. …She saw herself.
- Himself……He saw himself.
- Itself……It (e.g., the kitten) saw itself.
- Ourselves…...We saw ourselves.
- Yourselves…..you (plural) saw yourselves.
- Themselves……They saw themselves.



- Greg lives by himself. - I sat by myself on the park bench.	**By**+ a reflexive pronoun= alone. Greg lives alone, without family or roommates.
- I enjoy myself at the fair.	Enjoy and a few other verbs are commonly followed by a reflexive pronoun. See the list below.

LIVEWORKSHEETS

Common Expressions with Reflexive Pronouns

- Believe in yourself
- Blame yourself
- Cut yourself
- Enjoy yourself
- Feel sorry for yourself
- Help yourself
- Hurt yourself
- Give yourself (something)
- Introduce yourself
- Kill yourself
- Pinch yourself
- Be proud of yourself
- Talk to yourself
- Teach yourself
- Tell yourself
- Work for yourfelf
- Wish yourself (luck)





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LIVEWORKSHEETS

TASK INSTRUCTIONS: Read the following text and then choose true or false according to the reading.



Julie believes in herself



Let me introduce myself. My name is Julie and I believe it is very important to believe in yourself. I believe in myself I think everyone should believe in himself or herself. If people believe in themselves it is one of the first step to success.

If we believe in ourselves it will be easier to be successful.

If the road to success is long, we shouldn´t feel sorry for ourselves. We should teach ourselves to be patient.

I have taught myself to be patient and am proud of myself for being able to do this. My brother is very successful. He works for himself. He has taught himself how to be a good businessman. He believes everyone should look at themselves in a mirror and say I am proud of myself. He also thinks you should take care of yourself by enjoying yourself and never blaming yourself for things that are not your fault. He says that if you teach yourselves how to be the above you will surely be on the road to a positive outlook about yourself.

	TRUE	FALSE
✓ Julie thinks that we should love ourselves.		
✓ According to Julie, the first step to success is walking with yourself.		

LIVEWORKSHEETS

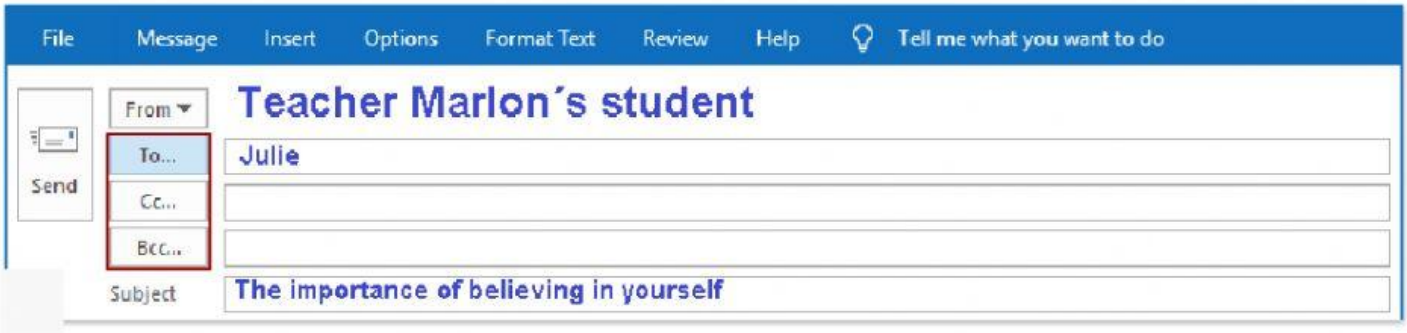
✓ She considers her brother successful because he works for himself.		
✓ Julie´s brother thinks we should always blame yourself for the things you are doing.		
✓ The teaching of the text is: “If you love yourself you can achieve everything”.		



WRITING TASK



Write an e-mail to Julie and tell her what you think about the importance of accepting yourself. Explain THREE main reasons.



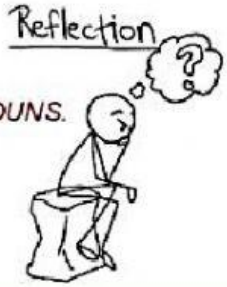
LIVEWORKSHEETS

ORAL TASK



Reflexive questions

The idea of this activity is to practice the REFLEXIVE PRONOUNS.



How do you see yourself? If you had to describe yourself to someone you don't know, what would you say?	Where do you see yourself 2 years from now?	Did you ever teach yourself anything? What was it?
What kind of activities do you prefer to do by yourself?	Do you think humans lost themselves in the course of history?	How do you usually introduce yourself?
What kind of activities do you like to do to enjoy yourself?	Do you usually buy yourself presents? What was the last treat you gave yourself?	When was the last time you hurt yourself doing something simple like cooking?
Do you like DIY activities? (Do it yourself)	In which situations do you usually talk to yourself?	What kind of foods or snacks do you frequently make yourself?





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LIVEWORKSHEETS

doityourself

What Does DIY Mean



DIY Means is to do your work yourself rather than employing a professional.

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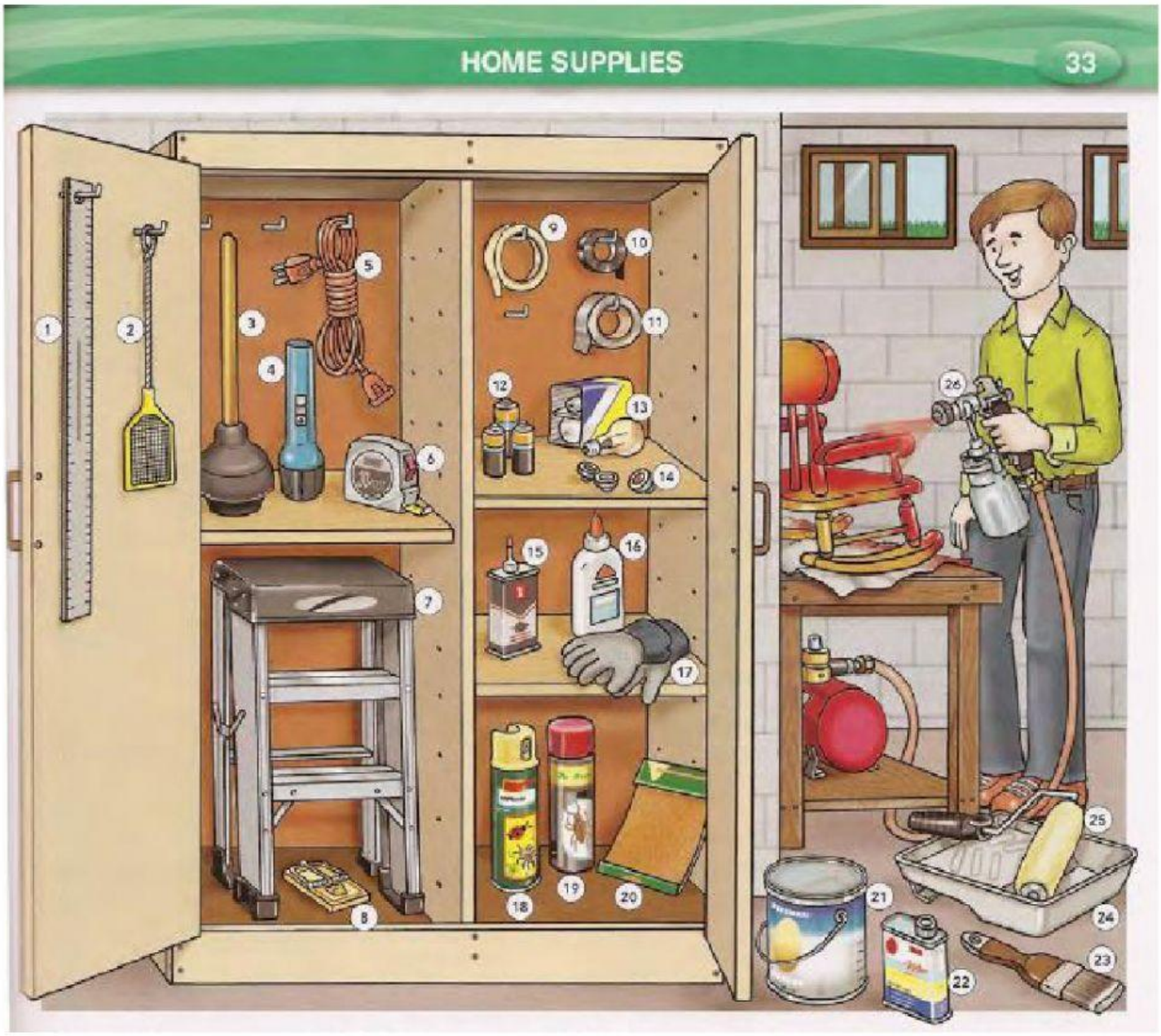
https://www.youtube.com/watch?v=cBghWmCI5j0&t=35s

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DIY

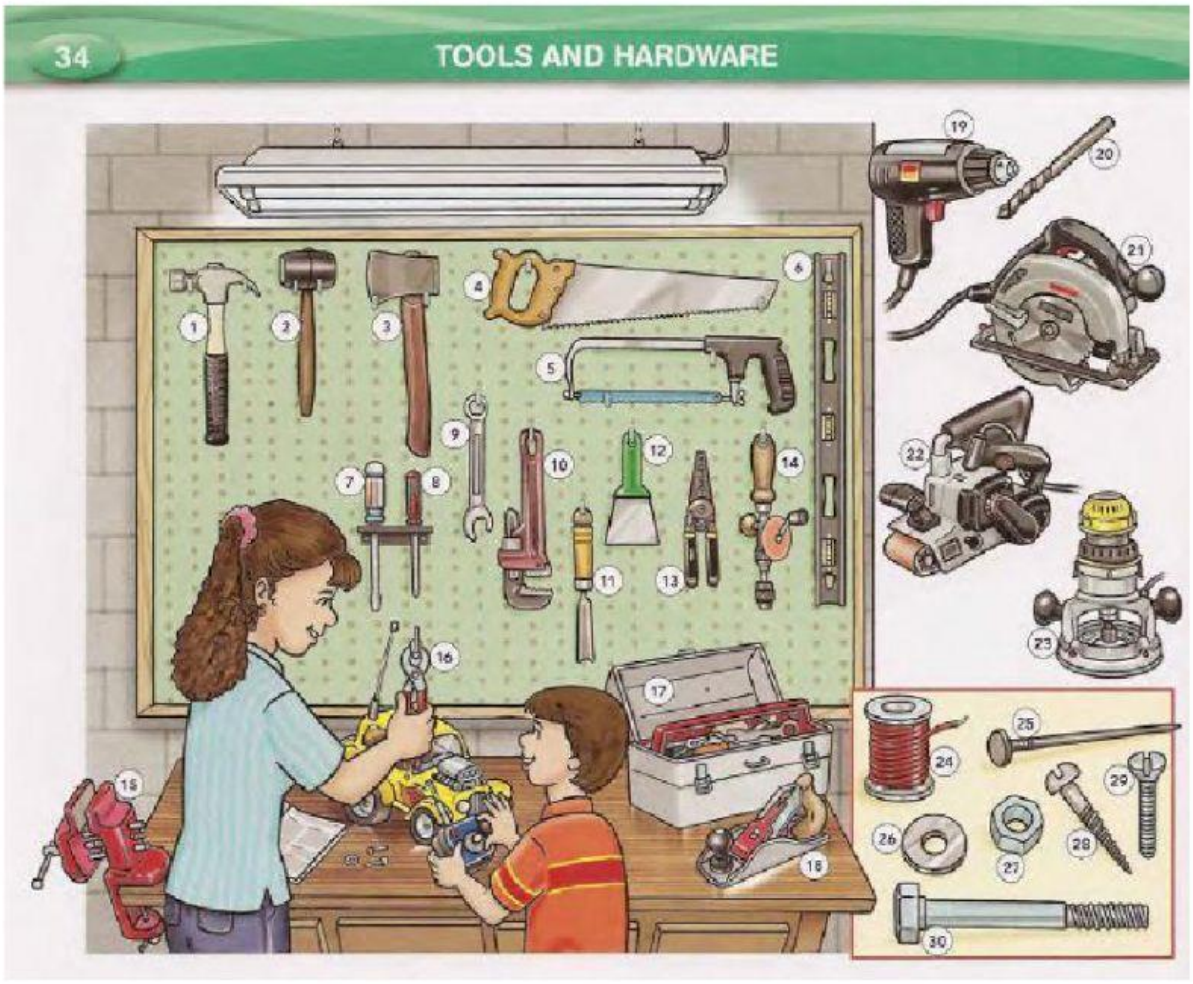
Do it yourself

VOCABULARY SECTION



LIVEWORKSHEETS

1 yardstick
2 fly swatter
3 plunger
4 flashlight
5 extension cord
6 tape measure
7 step ladder
8 mousetrap
9 masking tape
10 electrical tape
11 duct tape
12 batteries
13 lightbulbs/bulbs
14 fuses
15 oil
16 glue
17 work gloves
18 bug spray/insect spray
19 roach killer
20 sandpaper
21 paint
22 paint thinner
23 paintbrush/brush
24 paint pan
25 paint roller
26 spray gun



1 hammer
2 mallet
3 ax
4 saw/handsaw
5 hacksaw
6 level
7 screwdriver
8 Phillips screwdriver
9 wrench
10 monkey wrench/ pipe wrench
11 chisel
12 scraper
13 wire stripper
14 hand drill
15 vise
16 pliers
17 toolbox
18 plane
19 electric drill
20 (drill) bit
21 circular saw/ power saw
22 power sander
23 router
24 wire
25 nail
26 washer
27 nut
28 wood screw
29 machine screw
30 bolt

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https://www.youtube.com/watch?v=N5dZAVBE6bw

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