Student's name: _____

1. **Sort the sports by individual or team.**

						
soccer	Basketball	Gymnastics	Tennis	Football	Baseball	Snowboarding
						
Rugby	Yoga	Ice skating	volleyball	Running	Swimming	Ice hockey

Team sports	Individual sports

2. **Choice the correct option.**

HINT

WORD FOCUS

We use **play** for competitive sports with a ball: *play soccer*
We use **go** for sports with *-ing*: *go swimming*
We use **do** for individual sports with no ball or for relaxation: *do yoga*

1. Hana ____ swimming after class.
   - goes
   - does
   - plays
2. My sisters ____ gymnastics. They're very good!
   - play
   - go
   - do
3. We like to ____ snowboarding in the winter.
   - do
   - play
   - go
4. People in countries with cold winters often ____ ice hockey.
   - do
   - go
   - play
5. Pedro wants to ____ rock climbing in the national park.
   - play
   - go
   - do
6. Do any of your friends ____ golf?
   - play
   - do
   - go
7. ____ yoga helps me relax.
   - Going
   - Doing
   - Playing
8. They are ____ skateboarding at the skate park.
   - playing
   - going
   - doing

LIVEWORKSHEETS

GRAMMAR

3. **Write the word that completes the sentence correctly. Use the hint to get helped.**



1. Bob _____ (write) a letter now.
2. They _____ (not speak) English.
3. _____ you _____ (eat) chocolate right now?
4. Mary _____ (play) football in the garden.
5. Be quiet! I_____ (not listen) to mum.
6. She _____ (build) a house.
7. James and Paul _____ (study) English at university.
8. _____ you _____ (work) in this moment?
9. Linda _____ (not make) a cake.
10. My mum _____ (watch) the TV right now.
11. _____ Peter _____ (walk) his dog?
12. My dad and my mum_____ (speak) in the kitchen.

LIVEWORKSHEETS

READING

4. Read the text and answer the questions.

Capoeira

Capoeira is a martial art from Brazil. A *martial art* is a type of sport that is a form of self-defense. Karate and judo are other examples of popular martial arts.

Capoeira looks like a mix of fighting and dancing. It is a fast sport because the people doing capoeira, often called "players," need to stay in motion. Each player moves to make it difficult for the other person to kick or hit them. Players need strong legs because kicking is a big part of the sport. Players usually attack with their legs, not their arms. Sometimes one person falls to the floor. But the goal of capoeira is not to hurt the other player.

Capoeria is all about skill. Players need to avoid the opponent's attacks. Also, they need to confuse or trick the other player. Some moves make a player think their opponent will move one way, but they move the other way.

Capoeria players are sometimes called *capoeiristas*. Two capoeristas practice within a large circle of people who usually sing and clap while they watch. Often, there is music playing to help the capoeiristas keep in motion. People do capoeria indoors and outdoors. The players don't need any equipment. They usually wear a white T-shirt and loose white pants. The T-shirts often have the name of the players' clubs on them. Many players don't wear shoes. Those who do need lightweight shoes with a good **grip** on the **sole**.

grip something that holds firmly
sole the bottom of a shoe
in motion moving

1. Capoeira is a martial art from ____.

- Brazil
- Korea
- Japan

2. Capoeira looks like fighting and ____.

- jumping
- dancing
- yoga

3. The players are always ____.

- clapping
- moving
- singing

4. Players attack with their ____.

- legs
- arms
- hands

5. A capoeira player ____ to hurt his opponent.

- is wanting
- wants
- doesn't want

6. Players ____ to avoid attacks from their opponent.

- need
- are needing to
- needs

7. People watching capoeira form a ____ the players.

- line near
- square around
- circle around

8. Capoeiristas ____ equipment.

- don't need
- aren't needing
- need

LIVEWORKSHEETS