Speaking Topics

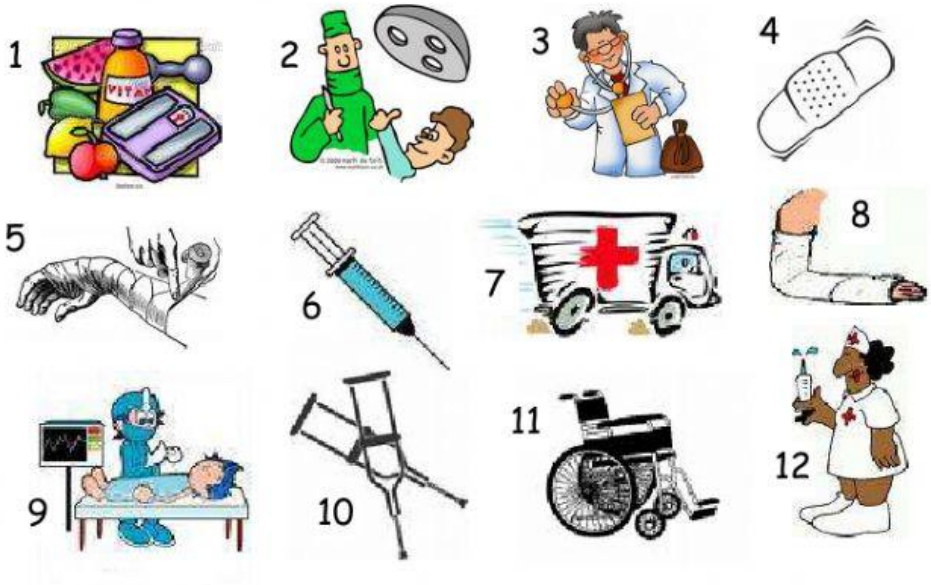
Let's talk about HEALTH

Conversation cards

Have you ever been ill? What was wrong with you?	When was the last time you went to the doctor/dentist/hospital? Why did you go?	How often do you have a medical checkup?
Is a doctor's visit or a stay in hospital expensive? Discuss.	Does your country have good medical healthcare? Explain.	How is your health? What health problems do you worry about the most?
What do you do to keep fit and healthy? Compare with others.	Have you ever stopped doing something for your health? Talk about it.	What diseases kill the most people worldwide? Do research and discuss.
How many serious or *terminal* illnesses do you know? (e.g. cancer) Work in a group and make a list. (terminal: cannot be cured)	Have you had any vaccines? If so, against which diseases? Are you afraid of needles?	What sports can be damaging to your health? In what way? In your opinion, what are the healthiest sports?
What are the main causes of death? Are they the same for younger and older people? Brainstorm.	What are the worst jobs for your health? What about the best ones? Brainstorm in group.	Is being a doctor or nurse a good job? Would you like to do this job? Why or why not?
What is the average life expectancy in your country? Is it the same for men and women?	How is your mental health? Do you know anyone with a mental disorder? (e.g. schizophrenia)	How can the environment be damaging to someone's health? Explain.

Match words and pictures

ambulance	
bandage	
cast	
crutches	
doctor	
health food	
nurse	
operating theatre	
plaster (band aid)	
surgeon	
syringe	
wheelchair	



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