

<i>research study</i>	<i>hardly</i>	<i>alert</i>	<i>Can't keep his eyes open</i>
<i>sleep in naps</i>	<i>advice</i>	<i>chemicals</i>	<i>complex</i>
	<i>deprived</i>	<i>wake up</i>	

1. Many people worry about the _____ in the food. They think some of them might cause cancer or other diseases.
2. A baby needs to sleep a lot. Most babies take two or more _____ during the day.
3. It's hard to _____ in the morning. I have a loud alarm clock to wake me up.
4. In countries in the far north, the days are very short in the winter. People are _____ of sunshine. They are very happy when spring comes and days get longer.
5. A simple math problem is $2 + 6 = 8$. A _____ math problem is $(y^2 + 3z^2)(y^2 - 2y)$.
6. Oh no! I have _____ any money, only 10 cents!
7. There is a lot of traffic in the city. Before you cross the street, be _____; look carefully to the left and to the right and listen for cars.
8. I read a _____, that says most students get only six hours of sleep a night. It was an interesting report.
9. My teacher suggested that I sleep more and go to parties less. I took her _____ and now I feel better!
10. I get up early every weekday, so I love to _____ on the weekends.
11. Ali needs to study more, but he _____, so he's going to get some sleep.