

VOCABULARY (Fill in the blanks with the words from the box.)

bend open close wink nod twist turn raise

1. _____ your head if you agree.
2. Can you pick that up? I hurt my back, so I can't _____ over.
3. You should talk to that girl! I saw her _____ at you earlier.
4. If you have any questions, please _____ your hand before asking.
5. Can you help me _____ this jar?
6. I hurt my back skiing. I can't _____ my body to the left very well.
7. I broke my hand in a work accident. I can't _____ my hand for a month!
8. I can't _____ my wrist because it's in a cast.

FLUENCY (Do the exercises below.)

A. Use '*if I were you,*' to write three pieces of advice for someone who wants to improve their English vocabulary.

If I were you...

B. Write the words in the correct order.

1. You / exercise / four times / should / a week.

2. balanced / eat a / should / You / diet.

3. play computer games / so often. / You / shouldn't

4. start / sports. / should / playing / You



GRAMMAR

Complete the advice with *should* or *shouldn't* and the verbs below.

wash

be

stay

go

buy

1. You should _____ your hands before eating.
2. You _____ late for work.
3. That shirt's really old. You _____ a new one.
4. You look really tired. You _____ to bed early tonight.
5. You _____ late at work every night.
Go home on time!