HEALTHY HABITS

Label the drawings











Don't touch your eyes

Don't eat candies



Wear sunglasses to protect your eyes

Drink six glasses of water



Use floss

Don't eat junk food



Take a shower everyday

Sleep at least eight hours a day

Go to the dentist

Do exercise





Use sunscreen to protect your skin

Wear a hat and umbrella

Eat crunchy food

Don't drink soda









LIVEWORKSHEETS