

## FOOD FOR THOUGHT

Complete these sentences using words from the box.

bad for you	diet	to order
calories	order of	worried
Decide	picnic	You said it!

1. Foods with a lot of sugar, like soft drinks, usually have a lot of \_\_\_\_\_
2. Meryl and Pat are \_\_\_\_\_ about Dan's health because he eats too many cheeseburgers.
3. Do you think \_\_\_\_\_ foods really help you lose weight?
4. We can take a long walk and have a \_\_\_\_\_ in the park along the way.
5. Doctors think that foods with a lot fat, such as ice cream and fries, are \_\_\_\_\_
6. With my tofu, I'd like a side \_\_\_\_\_ ride please.
7. Waiter: What would you like \_\_\_\_\_?  
Customer: I can't \_\_\_\_\_. What's good on the menu tonight?
8. Dan: Look at all these places to eat! This food court is great!  
Pat: \_\_\_\_\_ It is great!