FOOD FOR THOUGHT

Complete these sentences using words from the box.

bad for you	diet	to order
calories	order of	worried
Decide	picnic	You said it!

1. Foods with a lot of sugar, like soft drinks, usually have a lot of _____
2. Meryl and Pat are _____ about Dan's health because he eats too many cheeseburgers.
3. Do you think _____ foods really help you lose weight?
4. We can take a long walk and have a _____in the park along the way.
5. Doctors think that foods with a lot fat, such as ice cream and fries, are _____
6. With my tofu, I'd like a side _____ ride please.
7. Waiter: What would you like _____?

   Customer: I can't _____. What's good on the menu tonight?
8. Dan: Look at all these places to eat! This food court is great!

   Pat: _____ It is great!

LIVEWORKSHEETS