



LISTENING PRACTICE

My Daily Routine



Some of my friends think I have a boring daily routine, but I like it. I usually (1) _____ at about 6:00 or 6:30 in the morning, after my alarm clock wakes me up. First, I brush my teeth, and shave, and wash my face.



Then, I (2) _____ and go downstairs to (3) _____ breakfast with my family. I always have coffee, cereal, and lots of fruit. That's me in the picture with my wife. I (4) _____ to work because I don't like to drive, and I always (5) _____ at my office before 8:00. I'm never late for work. Five o'clock is my favorite time of the day because I finish work and (6) _____ and see my wife and my two children again. We eat together in our dining room at around 6:00 and after that I (7) _____ with my wife and kids at home. We really (8) _____ watching our favorite TV programs together, but two or three times a week, I (9) _____ in the evening so that I can stay strong and healthy. This is very important! Finally, at about 9:30, I (10) _____, read for a while, and then (11) _____. Sure, some people think my daily routine is a little boring, but on weekends and holidays, I love to (12) _____ airplanes for fun.