

7D Why thinking you're ugly is bad for you.

Watch Part 1 of the TED Talk.

Choose the correct answer to each question.

◆ **Why does Faye dread school?**

- a. because she doesn't have any friends
- b. because people say that she's ugly

◆ **Why does Faye post a video of herself online?**

- a. because her friends do the same thing
- b. so people can comment on her appearance

◆ **According to Ramsey, why do many others post videos like Faye's?**

- a. because online comments are really important to them
- b. because they feel alone

Watch Part 2 of the TED Talk.

Choose T for true or F for false.

- Body image issues can affect a student's performance at school.
- The problem is worse in the United States than in other countries.
- The main issue is how students think they look, not how they actually look.

Watch Part 3 of the TED Talk.

What suggestions does Ramsey make about how to "change our culture's obsession with image"? Choose all that apply.

- ☐ Think carefully about the pictures and comments that we post on social networks.
- ☐ Say more nice things about people's appearance to improve their confidence.
- ☐ Stop letting young people use social networks during school.
- ☐ Focus less on attractive people and more on those who make a difference in the world.

Read the excerpts from the TED Talk.

Choose the correct meaning of the words.

"... what her mom tells her and what her friends at school, or her **peers** at school are telling her ..."

◆ If someone is your peer, they are in a _____ position to you.

- a. similar
- b. very different
- c. contrary

"... mostly teenage girls, **reaching out** in this way."

◆ When you reach out to someone, you _____.

- a. don't talk
- b. want help
- c. help others

"... debate because they don't want to **draw attention** to the way that they look."

◆ When you draw attention to something, you want others to _____ it.

- a. be happy about
- b. notice
- c. take a picture of

"And let's work together as communities, from **grassroots** to governments ... "

◆ What does grassroots mean?

- a. ordinary people in society
- b. people who grow food for others
- c. people in the government