

Choose the correct answer.

1. I need some ***advice/ advices*** on buying a house - I've never bought one before.
2. This type of bear has been declared an endangered ***specy /species***.
3. I saw some ***deer / deers*** grazing in the field and took a picture.
4. I heard ***strange / a strange*** noise next door.
5. ***Equipment /Equipments*** which is used by dentists should be kept clean.
6. Could you get me ***a paper /some paper*** from the newsagent's, please?
7. Students cannot leave class without ***permission /permissions***.
8. I saw ***an advertisement /some advertisement*** for the car in a newspaper.
9. You'll find all the ***tool /tools*** you need in the garden shed.
10. *Hamlet* is one of Shakespeare's finest ***work /works***.
11. There ***isn't enough room /aren't enough rooms*** for all those bags in my car.

Mediterranean diet

If you want *a / some* good advice on what to eat in order to enjoy *good health / a good health*, why not try a Mediterranean diet? Those who live in the Mediterranean have among the highest life expectancies in the world, so they are in a good position to give us *information / informations* about a healthy diet. The Med diet dictates that you eat *much / plenty of* vegetables and use *olive oil / an olive oil* regularly in cooking and in salads. Other characteristics of this particular diet are dairy products (mainly *cheese / a cheese* and yoghurt), some *fish / fishes* and chicken (but not too *much / many*), up to four eggs a week, only *a few / a little* red meat and *a few / a little* glasses of wine a week.

But how typical is this diet of what people actually eat in these countries? Many begin the day with coffee, though in some countries a lot of orange *juice is /juices are* also consumed in the morning. Some will have a *pile /piece* of cheese and a *slice / tube* of bread. Pies are popular breakfast snacks in Greece and they are usually made with *cheese / cheeses*. However, in order to maintain *healthy diet / a healthy diet*, it is advisable not to eat more than a couple of cheese pies a week.