

Discussion

- ❖ What's your favourite food?
- ❖ Do you usually have breakfast? If yes, what do you have?
- ❖ What do you prefer sweet or savoury?
- ❖ Who cooks at home?
- ❖ Are there any foods that you wouldn't eat as a child that you eat now?
- ❖ Are you concerned about your daily calorie intake when choosing something to eat?
- ❖ Do you always eat dinner with your family?
- ❖ Do you always eat vegetables?
- ❖ Do you eat lunch at school/work every day or bring your lunch to school/work?
- ❖ Do you like food from other countries? If yes, which do you like the most?
- ❖ Have you ever tried pancakes?
- ❖ Do you know its ingredients?
- ❖ What do you know about the Pancake Day in Britain?

Video: <https://www.youtube.com/watch?v=2sIHcsdWKGI>

Match the following words to their definition:

Shrove Tuesday pantry spatula to flip lent
fast topping Pancake Day frying pan bell ringer
abstinence batter to shrive

1. To say that you have done something wrong or shameful

2. The person usually at a church, that pulls the ropes the ring the church bells

3. The formal and religious name for Tuesday seven weeks before Easter

4. A small room or cupboard where food is stored

5. Food added to a more substantial food in order to give it extra flavour

6. A period of refraining from something

7. Egg flour and milk mix

8. A cooking instrument used to fry food

14. The informal and common name for the Tuesday seven weeks before Easter with the custom of eating pancakes

Now, you are going to learn more about the history of Pancake Day.

Listen and fill the gaps (sound only activity)

Hi everyone, I'm Gina. _____ Day or _____ Tuesday to give it its proper name is the Tuesday seven weeks before _____. It is the _____ day before a period of _____, _____ starts. In this lesson, you are going to learn about why it is _____ known _____ Day and why it is a _____ Day in _____.

Do you know where the name Shrove Tuesday comes from and what it means? We'll show you the answer and the end of this video. The _____ meaning of Shrove Tuesday comes from it being the day before _____ begins. It was the last chance for people to _____ whatever they _____ before they began to _____ and was an opportunity for them to eat whatever was left in their _____ or kitchen. We eat pancake on Shrove Tuesday because they are easy to make and can be filled with any _____. British pancakes are made from thin batter, only a few millimetres thick that are cooked in a _____. Brave chefs will _____ their pancakes to ensure they're cooked both sides, but others will use a _____. Popular _____ include plain _____ and sugar and sweeter things such as _____ and fruit. As well as cooking pancakes, there are many games and activities that are held in Britain. The most popular are pancake _____, in these races competitors run a short track, maybe only 100 metres or so, while _____ a pancake in their _____.

If you drop the pancake, you have to stop and pick it up! There is a famous race held in Olney. _____ must be housewives and wear an apron. The _____ is the first to complete a 375-metre course, give their pancake to the _____ and receive a _____.

And now I'll give you the answer to the earlier quiz. Do you know where the name Shrove Tuesday comes from and what it means? Shrove comes from the word _____ and this means to _____. In the olden days Shrove Tuesday would be a day of confession for Christians before _____ began.