

Preview

1 Read each description. Then guess the color being described.

1. People associate this color with power, intelligence, and sometimes evil. It's popular in fashion because it makes people look slimmer. _____
2. People associate this color with cleanliness and purity. It's popular in decorating because it goes with everything. _____
3. This is one of the most appealing colors. The color of the ocean and the sky, people find it peaceful and calming. It's a great color for a bedroom. It's not a good choice for a dining room—unless you're on a diet. _____
4. This color is associated with energy and excitement. It makes your heart beat faster—and increases your appetite. It's a popular color for fast cars and restaurants. In China, it means good luck. _____

2 Read the Photo Story on page 75 of the Student's Book again. Match each phrase or statement with its meaning.

- | | |
|------------------------------------|---|
| 1. _____ getting a little tired of | a. in my opinion it was |
| 2. _____ to me it was | b. That's true. I hadn't thought of that. |
| 3. _____ pulling your leg | c. I don't want to |
| 4. _____ Good point. | d. looks good with all things |
| 5. _____ I'd hate to have to | e. bored with |
| 6. _____ on the wrong track | f. not thinking correctly about this |
| 7. _____ goes with everything | g. joking by saying something that isn't true |

3 Write about your own color preferences.

1. What's your favorite color? How does it make you feel?

2. What room in your home would you like to paint a different color? What color would you choose? Why?

3. Paint colors have names that describe specific shades—such as "tomato red" or "emerald green." Create a name for your favorite shade of your favorite color.

FACTOID: Men, women, and colors

Studies have found that women prefer red over blue, but men prefer blue over red.

LESSON 1



Complete Lucia's letter. Use gerunds and infinitives. Remember to put the verbs in the correct tense.

Hi Rebecca,

Well, I finally made a change! Last week I said to myself, "I can't stand / look at our old kitchen walls one more day!" So I decide / repaint them! My roommate Sara said we should discuss / make a plan before we do it. She even suggest / take a month or two to think about it. She said we should practice / paint first, but I already know how to paint. I don't need / learn. Anyway, I not mind / try new things. Finally, we choose / pick the kitchen a cheerful color—bright yellow! I'm not sure, but Sara not see / like the new color. In fact, I don't think she enjoy / paint! But I hope she does, because I plan / paint the living room next. I would like / paint it tomato red! What do you think about that?

Lucia



Complete each sentence with a gerund or infinitive and an adjective from the box.

annoying boring depressing enjoyable exciting relaxing

- I've had the most stressful week at work! I need to get a massage this weekend. I find it so relaxing.
- We don't want to miss tonight's game. Our favorite team is in the championship. It's going to be really exciting!
- Most kids hate to go shopping. They think it's not any fun and complain, "This is so boring."
- I had to ask a classmate to please quit tapping his pencil on the desk. I found it very annoying.
- I don't feel like watching that film. I hear it's very depressing. I'm not in the mood for a sad movie.
- Max usually doesn't mind exercising. He finds it pretty enjoyable.

6

Write about your plans for the weekend. Use verbs with direct object infinitives, such as need, plan, want, and would like.

Handwriting practice area with a grid and a large 'X' drawn across it.

LESSON 2

7

Complete the conversation. Use the correct preposition with the verb or adjective, and a gerund.

A: You look a little blue. What's up?

B: Oh, nothing really. I'm just sick of working late every night.
1. sick / work

A: Is that all? You look really down.

B: I'm bored the same thing every day. And I also feel sad too little time at home.
2. bored / do
3. sad / spend

A: Have you complained overtime?

B: No. I'm afraid my boss angry. I had to finish a report late. And now my boss is giving us more work.
4. complained / work
5. afraid / make
6. apologize / finish
7. talking / give

A: Wow! I see why you are feeling blue. Why don't you start looking for a new job?

B: Maybe I should.

FACTOID: Food to Improve Your Mood

Studies show that eating certain foods can help cheer you up when you are feeling blue. Eating foods that contain vitamins D and B and omega-3 fatty acids, such as fish, nuts, eggs, spinach, and bananas, increase the chemicals in your brain that make you feel happy and relaxed.

INFORMATION SOURCE: psychologytoday.com



Suggest something to cheer the people up. Write complete sentences.



I'm really tired of this job. I've been working late every night for a month!

1. _____



A rainy Monday always puts me in a bad mood.

2. _____



I'm really upset that I don't have enough money to go on a trip abroad this year.

3. _____



I've been feeling blue lately. I'm just bored with life.

4. _____

LESSON 3



Read the article on page 80 of the Student's Book again. Then answer the questions.

1. What are people with easygoing personalities like? _____

2. What type of personality is the opposite of easygoing? _____

3. Why is it difficult to settle the "nature-nurture controversy"? _____

4. Where do most experts believe our personalities come from? _____

5. Do you think nature or nurture is more important in forming personality? Explain your answer.

10

Read the posts on an online message board. Rank the people from 1 to 5, with 1 being the least introverted and 5 being the most extroverted.

File Edit Links Tools Help Chat

TOPIC: Do you consider yourself an introvert or an extrovert? Or are you a little bit of both?

RESPONSES

(A) **Posted by:** Moonlight / Mon, March 15 (10:01 P.M.) I'm probably more of an introvert . . . it really depends, though. When you first meet me, I'm really quiet. But after I spend some time with a person, I open up. —

(B) **Posted by:** Ginger / Mon, March 15 (10:09 P.M.) I'm definitely an extrovert. My friends (I have a lot of them!) say that I'm always talking. I'm interested in all sorts of events—sports, music, computers! I can talk for hours about whatever comes to mind . . . OK. I should stop now. LOL —

(C) **Posted by:** missbliss / Mon, March 15 (10:21 P.M.) For the most part, I'm an introvert. I enjoy being alone, and I keep my thoughts and emotions to myself, but I know a few people well, and with those people I'm almost an extrovert. —

(D) **Posted by:** citysurfer / Mon, March 15 (10:46 P.M.) I'm an extrovert. I really need to interact with other people and be active. But I always try to listen to other people when I'm in a group. Although I love excitement, sometimes I need to have some peace and quiet! —

(E) **Posted by:** ShyGuy / Mon, March 15 (11:19 P.M.) Introvert . . . but I don't want to talk about it. —

11

Are you an introvert, an extrovert, or a little of both? Write your own reply to the message board topic in Exercise 10.

File Edit Links Tools Help Chat

Posted by: _____

(Handwritten signature)

12 Read the article about astrology. Then answer the questions.

ASTROLOGY - FINDING YOUR PERSONALITY IN THE STARS

Why do you act the way you do? What is the secret to your emotions? Where does your personality come from? Is it nature or nurture? Genetics or the environment? Or could it be the sun and the stars?

Some people think that birth order influences personality, but many others believe that the day you were born on influences your personality. These people believe in astrology. They believe that the sun and the stars influence human personality and events.

Astrology may be a way to understand human personality. Or it may be a false science. But millions of people around the world read their astrological horoscope every day—just in case!



Aquarius ♒
Jan 20–Feb 18

- very active
- cheerful
- can be a clown



Gemini ♊
May 21–Jun 21

- worries about things
- can be self-critical
- can be hard to know



Libra ♎
Sept 23–Oct 23

- conservative
- spends time with a few friends
- has strong emotions



Pisces ♓
Feb 19–Mar 20

- honest
- easily bored with jobs
- likes quiet time



Cancer ♋
Jun 22–Jul 22

- interested in travel
- enjoys being with other people
- always behaves appropriately



Scorpio ♏
Oct 24–Nov 21

- friendly
- sensitive to others' emotions
- not easy to get to know



Aries ♈
Mar 21–Apr 19

- enjoys being alone
- hard to get to know
- keeps thoughts and emotions inside



Leo ♌
Jul 23–Aug 22

- happy with lots of people
- cheers people up
- crazy about nature



Sagittarius ♐
Nov 22–Dec 21

- creative
- likes everything in moderation
- gets along with everyone



Taurus ♉
Apr 20–May 20

- calm
- seeks peace
- good listener



Virgo ♍
Aug 23–Sept 22

- keeps ideas inside
- likes to spend time alone
- enjoys reading



Capricorn ♑
Dec 22–Jan 19

- has a lot of friends
- interested in events
- loves excitement

1. What is the basic idea behind astrology? _____
2. Which of the zodiac signs describe more of an introvert? _____
3. Which signs describe more of an extrovert? _____
4. What zodiac sign are you? _____ Does the description for your sign describe you? Why or why not? _____

5. Compare the personality traits for your birth order with the personality traits for your zodiac sign. Are there any similarities? Which describes you better?

GRAMMAR BOOSTER

- A** Complete each sentence with a gerund or an infinitive. Use verbs from the box. If either a gerund or an infinitive is correct, write both forms.

cook	do	drink	play	ride	study	watch
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- Susan can't stand _____ the dishes after dinner.
- Michael loves _____ the guitar.
- Marianna hates _____ for exams.
- Joseph would like _____ his bike.
- Beth doesn't mind _____ for her family.
- Jim likes _____ TV.
- My friend Jane avoids _____ whole milk.

- B** Unscramble the words and phrases to complete the conversations. Use a gerund or an infinitive.

- A: John can't stand thinking about graduation
think / about / can't stand / graduation
B: I know. _____
He / leave / hates / his friends
- A: _____
refuse / dinner / tonight / I / make
B: Fine by me. _____
don't mind / go / I / out to eat
- A: _____?
buy / discussed / Have / you and Peter / a house
B: Yes. _____
find / We / would like / something bigger
- A: _____
tonight / you / I / see / didn't expect
B: Well, _____
at the last minute / I / decided / come



Complete each sentence. Circle the letter.

- I love _____ TV in the evening.
a. watch b. to watch c. watched
- I hurt my knee last month, so I quit _____
a. jog b. to jog c. jogging
- _____ too many sweets is bad for you.
a. Eating b. Eat c. Eaten
- My favorite thing to do after work is _____ magazines.
a. read b. to reading c. to read
- If you get an early start, you'll have a better chance of _____ your work on time.
a. finish b. finishing c. to finish
- I don't mind _____ the window. It's freezing in here!
a. closing b. close c. closed
- _____ opera well is a hard thing to do.
a. Sing b. To sing c. To singing



Find and correct seven errors in the diary.

Usually I don't mind studying, but last night I was so sick of do homework that I decided to go out with Amy. She felt like go to the movies. I suggested a new romantic comedy that I'm excited about to see. But Amy said she can't stand romantic movies and suggested to watch an action movie instead. To me, watch violence is not appealing. So, finally, we agreed trying an animated film from Japan. We both found it really enjoyable. We're planning rent some other anime films to watch this weekend.



Complete each sentence with an affirmative or negative gerund.

- You should start _____ every day if you want to lose weight.
exercise
- Sue was worried about _____ enough money to pay her bills.
have
- When will you finish _____ on that project?
work
- Avoid _____ a cell phone while you're driving.
use
- Stella and I have considered _____ a new car. We just don't have the money.
buy
- I apologize for _____ you that I'd be late. I'm sorry that you've waited so long.
tell
- Let's start _____ anymore! I'm going to love _____ at that old wallpaper
paint look
- Natalie has been working very long hours lately. She's depressed about _____ much time with her family.
spend
- I suggest _____ fatty foods. You'll be healthier.
eat

WRITING BOOSTER

A Complete each sentence. Circle the letter. Be careful to use parallel structure. One item has two correct answers.

- Robert has begun to exercise, eat a healthy diet, and _____ plenty of sleep.
a. getting b. to get c. get
- Julia hates working long hours and _____ enough time with her family.
a. not spending b. to not spend c. not spend
- Virgos like to read and _____ time alone.
a. spending b. to spend c. spend
- Although he has been seeing a psychologist, he continues to feel down, to avoid interaction with others, and _____ all the time.
a. feeling tired b. to feel tired c. feel tired
- Enjoying being alone, being hard to get to know, and _____ and emotions inside are traits typical of an Aries.
a. keeping thoughts b. to keep thoughts c. keep thoughts
- Some typical behaviors of a middle child are to break rules, have a lot of friends, and _____ rebellious.
a. being b. to be c. be

B Answer the questions about your own likes, dislikes, and personality. Answer in complete sentences, using words and phrases from Unit 7. Be careful to use parallel structure.

1. What are your likes? _____

2. What are your dislikes? _____

3. Which extrovert personality traits do you have? _____

4. Which introvert personality traits do you have? _____

5. What is your birth position in your family? _____
6. Which traits for this position describe you? _____

7. What is your zodiac sign? _____
8. Which traits for this sign describe you? _____

C On a separate sheet of paper, write at least two paragraphs about your personality. In the first paragraph, tell something about yourself. In the second paragraph, discuss where you think your personality traits come from—nature, nurture, birth order, and / or astrology.

My personality is very outgoing and I like to be around people. I am very confident and I like to be in charge. I think my personality traits come from nature, nurture, birth order, and astrology.