

## TOO MUCH, TOO MANY, ENOUGH, A FEW, A LITTLE

**Complete the conversation with the correct words.**

Jane: I would like to have a healthy diet. What do you recommend?

John: First, don't eat too \_\_\_\_\_ sugar. Sugar is very bad for your health.

Jane: Ok. I will cut the sugar. What else do you recommend?

John: I noticed that you eat too \_\_\_\_\_ cookies. Limit it to one cookie a day.

Jane: Oh, but I love cookies.

John: But you don't eat \_\_\_\_\_ vegetables. You need to have \_\_\_\_\_ fruits and vegetables in your diet.

Jane: Ugh. I hate vegetables.

John: They are not that bad. Start slowly and you'll see. Also, you need to make sure to drink \_\_\_\_\_ water. It is important to stay hydrated.

Jane: That's easy. I already drink a lot of water.

John: Yes, that's true. But you also drink too \_\_\_\_\_ sodas. You will need to cut them down.