

## PUBERTY

**Complete:**

- Puberty is the \_\_\_\_\_ between the childhood and the \_\_\_\_\_.  
years. It can start at the age of \_\_\_\_\_.
- There are 2 types of sexual characteristics: \_\_\_\_\_ (are present from birth)  
and \_\_\_\_\_ (develop in puberty).
- During puberty, the changes that occur prepare the body for the function of  
\_\_\_\_\_.

**Choose is these changes occur to boys, girls or both:**

- Acne or pimples may appear on your face, neck or back.
- Penis and testicles get bigger.
- Male hormones start to be produced.
- Menstruation (period) begins.
- You grow taller.
- Breasts grow.
- Hair grows in armpits, on legs and in the pubic area.
- You sweat more.
- Female hormones start to be produced.
- The voice deepens.