

# Food and cooking

## 1 FOOD

a Match the words and photos.

### Fish and seafood

- 1 crab /kræb/
- 2 lobster /'lobstə/
- 3 mussels /'maslz/
- 4 prawns /prənz/
- 5 salmon /'sæmən/
- 6 squid /skwid/
- 7 tuna /'tju:nə/

### Meat

- 8 beef /bi:f/
- 9 chicken /tʃɪkɪn/
- 10 duck /dʌk/
- 11 lamb /læm/
- 12 pork /pɔ:k/

### Fruit and vegetables

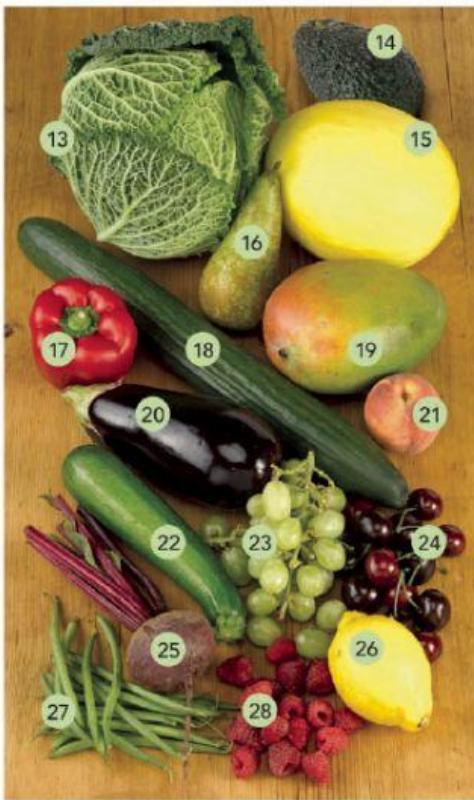
- 13 aubergine /'əubəʒi:n/ (AmE eggplant)
- 14 avocado /'avə'ku:də/
- 15 beetroot /'bi:ttru:t/
- 16 cabbage /'kæbɪdʒ/
- 17 cherries /tʃerɪz/
- 18 courgette /kɔ:'ʒet/ (AmE zucchini)
- 19 cucumber /'kjuk:kəmba/
- 20 grapes /'grɛps/
- 21 green beans /'grɪn 'bi:nz/
- 22 lemon /'lemon/
- 23 mango /'mæŋgə/
- 24 melon /'melən/
- 25 peach /pi:tʃ/
- 26 pear /peə/
- 27 raspberries /'ræ:zbəriz/
- 28 red pepper /red 'pepa/

b 1.2 Listen and check.

**ACTIVATION** Talk to a partner. Are there any things in the list that you...?

- a love
- b hate
- c have never eaten

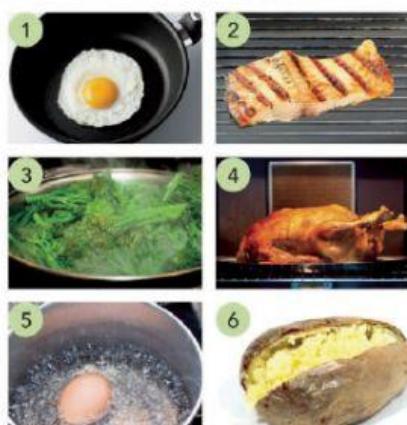
Are there any other kinds of fish, meat, fruit, or vegetables that are very common in your country?



## VOCABULARY BANK

## 2 COOKING

a Match the words and photos.



- 1 baked /beikt/
- 2 boiled /boɪld/
- 3 fried /fraid/
- 4 grilled /grɪld/
- 5 roast /raʊst/
- 6 steamed /stɪmɪd/

b 1.3 Listen and check.

**ACTIVATION** Talk to a partner. How do you prefer these things to be cooked?

chicken eggs fish potatoes

## 3 PHRASAL VERBS

a Complete the phrasal verbs with a word from the list.

down on out (x2)

- 1 I eat \_\_\_\_\_ a lot because I often don't have time to cook. Luckily, there are lots of good restaurants near where I live.
- 2 I'm trying to cut \_\_\_\_\_ coffee at the moment. I'm only having one cup at breakfast.
- 3 The doctor told me that I should completely cut \_\_\_\_\_ all cheese and dairy products from my diet.

b 1.4 Listen and check.

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