



# Kids and their breakfast



Bernie

I have a glass of juice for breakfast. My favourite is apple juice, but we mostly have orange juice, because all the others in my family like orange juice. I have muesli with nuts, milk and honey.



I always drink hot chocolate in the morning. Sometimes I have three cups of hot chocolate. I eat some toast and baked beans or sausages. I love that.



Lewis



Jane

I eat cornflakes for breakfast. With milk and sugar. I love sugar on my cornflakes. Mum says a lot of sugar is not good for my teeth. When she isn't watching I sometimes put lots of sugar on my cornflakes.



I drink tea in the morning, with milk but no sugar. I eat toast with butter and jam. I love strawberry jam. When I have a lot of time, I eat ham and eggs too. I think a good breakfast is important for you.



Andy



Betty

I only have a cup of coffee in the morning. I cannot eat anything. My mum says that is not good for me. Only on Sundays I eat rolls with butter and honey and drink two cups of coffee. Then my mum is happy with me. I never drink tea or milk for breakfast.



## Tick off - TRUE or FALSE?

1. Lewis never drinks hot chocolate.

☐ True  
☐ False



2. Bernie doesn't like apple juice.

☐ True  
☐ False



3. Jane eats cornflakes.

☐ True  
☐ False



4. Andy has muesli with tea.

☐ True  
☐ False



5. Betty eats a lot in the morning

☐ True  
☐ False



6. Lewis loves baked beans.

☐ True  
☐ False



7. Jane eats toast with butter

☐ True  
☐ False



8. Betty never drinks milk.

☐ True  
☐ False



9. Andy drinks tea with sugar.

☐ True  
☐ False

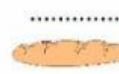


10. Betty has bread on Sunday.

☐ True  
☐ False



## Fill in the words.



## Fill in the missing words.

breakfast - orange juice - cornflakes - coffee - weekend - cup makes - eat - good - time - always - ham and eggs

Mum and dad have ..... toast and ..... for breakfast. I only have a ..... of tea and some ..... . My mum ..... tells me to ..... more, but I don't have more ..... . At the ..... we always have ..... for ..... . Dad ..... them. Mum thinks they are very ..... .

## Write about your breakfast!

I always have ..... and ..... for breakfast. I drink ..... . On Sundays I eat have ..... and ..... . I don't like ..... for breakfast. My favourite breakfast is ..... and .....