

Impact of screen time



Activity 2



Noor wants some tips for reducing her screen time. Write down three tips that you think will be useful for reducing screen time in your own life.

Tip 1

Tip 2

Tip 3

Name one area you think you need to improve and ask a classmate for advice.

Area of improvement	برنامـج مـحمد بـن رـاشـد الـسـعـلـم الـذـكـيـ
Advice from classmate	Mohammed Bin Rashid Smart Learning Program