USE OF ENGLISH

TASK 8

Read and complete the text below. For each of the empty space (39–48) choose the correct answer (A, B, C or D). Write your answers on the separate answer sheet.

Skipping meals is one of the biggest mistakes women **(39)** _____. Regular meals, and snacks when needed, maintain your energy and **(40)** _____ the nutrients you need each day so you will feel more like being active, your mood will be better and you will be less **(41)** _____ to overeat.

Breakfast is an important start to the day. Healthy snacks can be part of your eating plan but **(42)** _____ care not to eat too much over the day. Some people prefer to eat smaller meals and include a snack in between meals to control their hunger. Snacks may be a good way for you to **(43)** _____ an extra serve or two of fruit and vegetables or get some extra calcium from a yoghurt or fruit smoothie.

	A	B	C	D
39	do	make	attempt	get
40	afford	minister	provide	equip
41	likely	probable	unlike	like
42	give	take	get	make
43	carry	consist	include	build

Sugar is an ingredient in many **(44)** _____ foods and drinks. Some foods **(45)** _____ naturally occurring sugars, for example, fruit and products made with fruit, whilst many others contain added sugar.

Sugar does not **(46)** _____ cause chronic disease but **(47)** _____ to excess energy intake and is **(48)** _____ linked to overweight and obesity. It is also a contributing factor to tooth decay and erosion (the surface of the tooth is worn away). Nutritious foods that contain a small amount of sugar are unlikely to be a concern.

	A	B	C	D
44	loaded	collected	packaged	gathered
45	consist	contain	involve	get
46	right	straight	at once	directly
47	contributes	donates	sends	receives
48	however	though	similar	therefore

LIVEWORKSHEETS

TASK 9

Read the text below. For each of the empty space (49–58) choose the correct answer (A, B, C or D). Write your answers on the separate answer sheet.

Distance learning is a way of learning remotely without **(49)** _____ in regular face-to-face contact with a teacher in the classroom. In the UK such learning has its roots in students learning **(50)** _____ correspondence courses. More than 270,000 undergraduate students **(51)** _____ their first degrees via distance learning, **(52)** _____ with some 108,000 postgraduate students. In recent years the advent of the Internet and widespread use of the computer **(53)** _____ to a huge growth in distantly delivered tuition and study.

	A	B	C	D
49	be	to be	being	having been
50	through	on	in	with
51	take	are taking	had taken	were taking
52	all	among	together	plus
53	has led	led	had led	were leading

At undergraduate level distance learning usually **(54)** _____ students engaging with learning materials at home or work. These materials **(55)** _____ by the university, college or learning provider and are **(56)** _____ sent directly to the student or more usually today accessed via the Internet. Tutorial support **(57)** _____ via a virtual learning environment, telephone, email or other electronic means. There may be occasional face-to-face encounters with tutors and attendance at **(58)** _____ summer schools.

	A	B	C	D
54	meant	mean	means	meaning
55	are produced	produced	were produced	are producing
56	or	as	neither	either
57	providing	is provided	was provided	has been provided
58	weeks-long	week's long	week-long	week-length

LIVEWORKSHEETS