

## ADVERBS OF FREQUENCY

1. I'm always on time. I'm \_\_\_\_\_ late.  
A. Never      B. Sometimes      C. Always      D. Usually

2. He exercises six days a week. He \_\_\_\_\_ exercises.  
A. Always      B. Almost always      C. Seldom      D. Hardly ever

3. They swim only once a year. They \_\_\_\_\_ swim.  
A. Often      B. Sometimes      C. Usually      D. Hardly ever

4. She studies hard, so she \_\_\_\_\_ gets a good grade.  
A. Hardly ever      B. Rarely      C. Seldom      D. Always

5. I never watch Telly, so I \_\_\_\_\_ see Telly commercials.  
A. Never      B. Often      C. Always      D. Usually

6. He often \_\_\_\_\_ magazines in his spare time.  
A. Reads      B. Reading      C. Read      D. Are reading

7. My brother saw a doctor couple years ago. He is \_\_\_\_\_ sick.  
A. Never      B. Seldom      C. Always      D. Often

8. We ate at the restaurant a few times last month. We \_\_\_\_\_ eat out.  
A. Almost always      B. Always      C. Never      D. Sometimes

9. I \_\_\_\_\_ drink coffee in the evening because it makes me an insomniac.  
A. Always      B. Never      C. Sometimes      D. Usually

10. Robert is a punctual person, which is why he's \_\_\_\_\_ late for work.  
A. Always      B. Never      C. Usually      D. Often

11. I seldom visit my relatives, so I \_\_\_\_\_ see my uncle.  
A. Always      B. Sometimes      C. Usually      D. Rarely

12. Nikola goes to the beach a few times a year. She \_\_\_\_\_ goes to the beach.  
A. Sometimes      B. Usually      C. Rarely      D. Often

13. I frequently eat Junk food. Even though I know it's not good for me, I \_\_\_\_\_ eat it.  
A. Never      B. Often      C. Always      D. Usually

14. She doesn't \_\_\_\_\_ go to the cinema because she is often busy.  
A. Never      B. Usually      C. Always      D. Often

15. Marina is \_\_\_\_\_ hungry at lunchtime because she doesn't eat breakfast.  
A. Always      B. Never      C. Usually      D. Rarely