

## A. PHONETICS

### I. Write the words in the correct column according to the pronunciation of the underlined part.

here      there      idea      where      aerobics      near      share      beer      care      air      stair  
sphere      hear      career      square      really      cheer      spare      bear      fare      their  
/eə/ \_\_\_\_\_  
/ɪə/ \_\_\_\_\_

### II. Choose the word that has the underlined part pronounced differently from the rest.

|                     |                  |                  |                 |
|---------------------|------------------|------------------|-----------------|
| 1. a. <u>fear</u>   | b. <u>near</u>   | c. <u>really</u> | d. <u>wear</u>  |
| 2. a. <u>their</u>  | b. <u>hair</u>   | c. <u>series</u> | d. <u>there</u> |
| 3. a. <u>spare</u>  | b. <u>play</u>   | c. <u>game</u>   | d. <u>table</u> |
| 4. a. <u>keep</u>   | b. <u>cheer</u>  | c. <u>meet</u>   | d. <u>week</u>  |
| 5. a. <u>sphere</u> | b. <u>series</u> | c. <u>here</u>   | d. <u>where</u> |

## B. VOCABULARY AND GRAMMAR

### I. Name these sports and games.

|        |          |              |            |               |
|--------|----------|--------------|------------|---------------|
| boxing | marathon | karate       | volleyball | aerobics      |
| tennis | cycling  | table tennis | skiing     | skateboarding |



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_



4. \_\_\_\_\_



5. \_\_\_\_\_



6. \_\_\_\_\_



7. \_\_\_\_\_



8. \_\_\_\_\_



9. \_\_\_\_\_



10. \_\_\_\_\_

### II. Use the sports or games in the list to fill in the boxes.

|           |               |            |         |      |          |        |        |
|-----------|---------------|------------|---------|------|----------|--------|--------|
| badminton | karate        | football   | cycling | yoga | swimming | boxing | tennis |
| aerobics  | skateboarding | basketball | hiking  | judo | skiing   |        |        |
| soccer    | gymnastics    | jogging    | golf    |      |          |        |        |

| PLAY | GO | DO |
|------|----|----|
|      |    |    |
|      |    |    |
|      |    |    |
|      |    |    |

**III. Complete the sentences with the correct words in the box.**

goggles   racket   skateboard   skis   ring   paddle   runningshoes   gloves

1. All we need to run is good \_\_\_\_\_.
2. They fight in a square area with ropes around it, called a boxing \_\_\_\_\_.
3. \_\_\_\_\_ are special glasses that fit closely to the face to protect the eyes from wind, dust, water, etc.
4. In boxing, the fighters wear large leather boxing \_\_\_\_\_ on their hands.
5. Shall we play table tennis? - Great! Can you lend me a \_\_\_\_\_?
6. He threw his tennis \_\_\_\_\_ across the court in anger.
7. When we put \_\_\_\_\_ on we can move over snow easily.
8. He sometimes rides his \_\_\_\_\_ to school.

**IV. Underline the correct answers.**

You want to do sport, but you don't know which sport to choose. (1) *Gymnastics/ Surfing/ Skiing* is fun, but it's expensive and you can only do it in winter. Cycling is good exercise, but you must buy a (2) *racket/ bicycle/ net* and a (3) *helmet/ swimming cap/ skateboard*. How about (4) *bowling/ running/ scuba diving*? It doesn't cost any money and you can do it any time and any place. You only need some good trainers, some comfortable clothes - and the Runkeeper smartphone app. With this app you can see your distance and your speed. Do you prefer to exercise at a sports club? You don't need an expensive personal trainer. You can use Runkeeper while you are (5) *cycling/ surfing/ weightlifting* on an exercise bike or while you are jumping and kicking in a (6) *karate/ volleyball/ basketball* lesson. You can't lose with this incredible app!

**V. Fill in each blank with the simple past tense of the verb from the box.**

play   go   do   buy   teach   lose   score   win   become   enjoy

1. My friends and I \_\_\_\_\_ swimming yesterday morning.
2. We really \_\_\_\_\_ the game last Sunday.
3. In 1958, at the age of 17, Pelé \_\_\_\_\_ his first World Cup.
4. The Canadian hockey team \_\_\_\_\_ six goals against Switzerland.
5. The home team \_\_\_\_\_ very well, but they lost the match.
6. My father \_\_\_\_\_ me how to ride a bike.
7. I \_\_\_\_\_ a new baseball cap last week.
8. At the age of 17, Messi \_\_\_\_\_ the youngest official player and goal scorer in the Spanish La Liga.
9. She has a black belt in karate. She first \_\_\_\_\_ karate when she was seven.
10. Argentina \_\_\_\_\_ 1 - 0 to Germany in the final.

**VI. Turn the sentences into negative and interrogative forms.**

1. They were in Rio last summer.

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2. We did our exercise this morning.

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3. My parents came to visit me last July.

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4. The hotel was very expensive.

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5. I had a bicycle when I was young

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6. The children went to the zoo yesterday.

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7. Ernie ate the last doughnut.

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8. They bought a new house last month.

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**VII. Fill in the sentences with the correct form (past simple) of the verbs in brackets.**

1. I \_\_\_\_\_ (see) the film last night but I \_\_\_\_\_ (not like) it.

2. \_\_\_\_\_ (Marco/ win) the golf competition?

3. They \_\_\_\_\_ (not play) very well yesterday. They \_\_\_\_\_ (lose) the match.

4. How many goals \_\_\_\_\_ (your team/ score) in the first half?

5. I \_\_\_\_\_ (be) very tired, so I \_\_\_\_\_ (go) to bed early last night.

6. \_\_\_\_\_ (you/ go) swimming this morning?

7. The children \_\_\_\_\_, (not be) hungry, so they \_\_\_\_\_ (not eat) anything.

8. Susan and her friends \_\_\_\_\_ (come) to Japan three months ago.

9. I \_\_\_\_\_ (have) a wonderful holiday with my family last July.

10. Jane \_\_\_\_\_ (not be) at the party last Sunday, so she \_\_\_\_\_ (not know) what happened.

**VIII. Complete the dialogue using the affirmative, negative and question past simple forms of the verbs in brackets.**

A: I'm doing a survey about video games. Do you play them?

B: Yeah, I play them. Go on then.

A: (1) \_\_\_\_\_ (you/ spend) any time playing video games last week?

B: Yeah, I did. I (2) \_\_\_\_\_ (get) a new game last Saturday. It's called *Need for Speed Underground*.

A: Oh yes, I know it. Is it good?

B: Yes, it's great.

A: (3) \_\_\_\_\_ (you/ buy) it?

B: No, I (4) \_\_\_\_\_ (download) it from the Internet.

A: (5) \_\_\_\_\_ (you/ play) with it yesterday?

B: No, not yesterday. I (6) \_\_\_\_\_ (have) football training.

A: Okay, so (7) \_\_\_\_\_ (you/ have) time for your homework?

B: Yeah, we (8) \_\_\_\_\_ (not have) much. I (9) \_\_\_\_\_ (finish) it on the bus on the way home.

A: Do you think playing games affects your school work?

B: No, I don't think so.

**IX. Match each imperative with the rest of the sentence.**

|                        |                                       |
|------------------------|---------------------------------------|
| 1. Do                  | a. _____ I hear you quite well.       |
| 2. Don't watch         | b. _____ when you leave the room.     |
| 3. Play                | c. _____ morning exercises regularly. |
| 4. Don't shout!        | d. _____ the street on the red light! |
| 5. Go                  | e. _____ too much TV.                 |
| 6. Don't eat           | f. _____ hiking at weekends.          |
| 7. Turn off the lights | g. _____ basketball with friends.     |
| 8. Don't cross         | h. _____ too much fat and sugar.      |

**X. Complete these sentences using an imperative form (positive or negative) of the verbs in the box.**

dress get not call be not exercise not interrupt save not worry

1. \_\_\_\_\_ me between two and five this afternoon. I'll be in a meeting.

2. Always \_\_\_\_\_ your documents as soon as you finish writing them.

3. \_\_\_\_\_ after you eat a big meal. It's not a good idea.

4. \_\_\_\_\_ me when I am speaking.

5. \_\_\_\_\_ warmly so you don't get cold outside. It's snowing!

6. \_\_\_\_\_ careful! You almost spilled your coffee.

7. \_\_\_\_\_ – we've got lots of time. The meeting doesn't start until 10.30.

8. We need something to wake us up! \_\_\_\_\_ a coffee.

**XI. Fill in each sentence with an appropriate preposition.**

1. Do you play sports \_\_\_\_\_ school?

2. We go swimming \_\_\_\_\_ Tuesdays and Saturdays.

3. Sports is good \_\_\_\_\_ your health.

4. Jimmy is very good \_\_\_\_\_ volleyball and basketball.

5. My karate club is \_\_\_\_\_ Nguyen Trai Street.

6. What sports do you play \_\_\_\_\_ your free time?

7. Pelé was born \_\_\_\_\_ October 21<sup>st</sup>, 1940.  
8. \_\_\_\_\_ 1958, \_\_\_\_\_ the age of 17, Pelé won his first World Cup.

### C. SPEAKING

#### I. Write the questions for the underlined parts.

Mai: (1) \_\_\_\_\_, Phong?

Phong: Last night I watched a basketball match on TV.

Mai: (2) \_\_\_\_\_

Phong: It was on The Thao HD Channel.

Mai: Well... I don't like sports, so I don't know this channel. (3) \_\_\_\_\_

Phong: I like basketball best. I really love playing and watching basketball.

Mai: (4) \_\_\_\_\_

Phong: I play basketball every weekend.

Mai: You are really fit! (5) \_\_\_\_\_

Phong: I often play it at the basketball court near my house.

Mai: (6) \_\_\_\_\_

Phong: My favourite basketball player is LeBron James.

Mai: (7) \_\_\_\_\_

Phong: Yes, I did. Last Sunday, our school's team played against another school and we won.

Mai: Congratulations!

Phong: Thanks a lot.

#### II. Rearrange the sentences to make a conversation.

\_\_\_\_\_ I'm not sure. I used to play tennis when I was a school.

\_\_\_\_\_ Do you like cycling?

\_\_\_\_\_ That would be fun if we could do the sport with lots of other people.

\_\_\_\_\_ I've never played tennis. What about going running?

\_\_\_\_\_ I need to get fit and lose some weight.

\_\_\_\_\_ Yes sure. What sort of sport do you want to do to get exercise?

\_\_\_\_\_ I have a friend who goes cycling every weekend. We could join his cycling club to meet other people interested in it.

\_\_\_\_\_ Yes, we could go to the running track or just use the pavement next to the road.

\_\_\_\_\_ Yes, it's good and faster than running.

\_\_\_\_\_ That's a good idea. Can I join you?

### D. READING

#### I. Complete the passage with the words from the box.



score without sport each play  
game positions boring

Basketball is a pretty cheap (1) \_\_\_\_\_ to play in terms of equipment. So long as you have shoes and clothes and a ball, you can play. You can play with 1 hoop or 2, but it is way more fun to have a full court to (2) \_\_\_\_\_ on and several friends to do it with. Of course, you can

have knee braces, expensive shoes, and some fancy jerseys if you want, but you can play (3) \_\_\_\_\_ them if you want.

Basketball is a (4) \_\_\_\_\_ of 5-on-5. There are 5 different (5) \_\_\_\_\_: point guard, shooting guard, center, small forward, and power forward. Unlike some other sports, all players can (6) \_\_\_\_\_ points, and there is NO goalkeeper. There isn't a (7) \_\_\_\_\_ position to play!

Basketball has 4 quarters. For pro games, quarters are 15 minutes. Teams switch directions of play after (8) \_\_\_\_\_ quarter.

## **II. Read the dialogue, then choose the correct answers.**

Marie: We might go to the football match next Saturday, Cristina.

Cristina: Football? You must be joking. I can't stand it.

Mark: No? Why not?

Cristina: Twenty two men of two teams run after a ball, trying to kick it into a net... and thousands of people shouting and screaming like madmen every time it's a goal or not. Is this a game?

Mark: I see... you prefer things like hopscotch, hide-and-seek, blind man's buff...

Cristina: Don't tease me, Mark. I'm not a child anymore and there are much better sports than football.

Mark: Really?

Cristina: Yes, take volleyball, for example. It's so exciting, the two teams try to keep the ball in motion without letting it touch the ground. No foul play, no violence.

Mark: Yes, maybe you're right I like volleyball too. For me all ball games are great!

Cristina: Not only ball games, Mark. Don't you like badminton, cards, chess, even darts...and things like that?

Mark: Er...of course I do.

1. What are Cristina and Mark talking about?

a. Football      b. Volleyball      c. Ball games      d. Games

2. How many football players are there in each team?

a. 11      b. 12      c. 20      d. 22

3. Why does Mark mention children's games like hopscotch?

a. Because Cristina likes these games.      b. Because Cristina is a child.  
c. Because he wants to tease Cristina.      d. Because he wants Cristina to play these games.

4. What kind of sports and games does Cristina NOT refer?

a. Chess      b. Baseball      c. Badminton      d. Darts

5. Cristina thinks football is an exciting game.

a. True      b. False      c. No information

6. Mark likes all ball games.

a. True      b. False      c. No information

## **E. WRITING**

### **I. Put the words or phrases in the correct order.**

1. our/ important/ an/ sports and games/ in/ play/ lives/ part.

2. players/ how/ match/ there/ in/ many/ are/ football/ a?

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3. by/ she/ to keep/ every day/ tries/ fit/ jogging.

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4. yesterday/ who/ play/ football/ you/ did/ with?

---

5. sports/ building/ physical strength/ necessary/ are/ for.

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6. to switch/ before/ go/ don't/ the TV/ off/ you/ forget/ to bed.

---

7. Sunday/ I/ usually/ friends/ swimming/ on/ go/ mornings/ with/ my

---

8. match/ you/ on/ the/ did/ television/ last night/ watch/ basketball/ the?

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**II. Complete the second sentence so that it has a similar meaning to the first one.**

1. What sport do you like best?

What is \_\_\_\_\_

2. Mark plays football better than Tim.

Tim doesn't \_\_\_\_\_

3. Beckham was a very good football player.

Beckham played \_\_\_\_\_

4. How long have you played basketball?

When \_\_\_\_\_

5. Shall we play badminton this weekend?

How about \_\_\_\_\_

6. No sport in Britain is as popular as football.

Football \_\_\_\_\_

7. My brother is not so interested in basketball as I am.

I \_\_\_\_\_

8. It's good for you to do morning exercise regularly.

You \_\_\_\_\_

**TEST FOR UNIT 8**

**I. Choose the word whose underlined part is pronounced differently from the others.**

|                        |                       |                     |                        |
|------------------------|-----------------------|---------------------|------------------------|
| 1. a. <u>free</u>      | b. <u>team</u>        | c. <u>read</u>      | d. <u>idea</u>         |
| 2. a. <u>swim</u> ming | b. <u>skip</u> ping   | c. <u>drive</u> ing | d. <u>fish</u> ing     |
| 3. a. <u>racket</u>    | b. <u>skate</u> board | c. <u>game</u> s    | d. <u>play</u> er      |
| 4. a. <u>thi</u> ng    | b. <u>fat</u> her     | c. <u>healt</u> hy  | d. <u>thr</u> ee       |
| 5. a. <u>racket</u> s  | b. <u>goggle</u> s    | c. <u>skis</u>      | d. <u>skate</u> boards |

**II. Write the name of the game or sport.**

1. bike, helmet, ride, race
2. ball, goal, kick, penalty
3. ring, gloves, punch, mouth guard
4. racket, net, shuttlecock, serve
5. goggles, snow, skis, poles
6. court, racket, rubber ball, net, set
7. ball, table, paddle, serve
8. basket, ball, court, throw, points

**III. Circle the odd one out.**

|             |         |            |             |
|-------------|---------|------------|-------------|
| 1. football | tennis  | volleyball | boxing      |
| 2. goggles  | courts  | skis       | skateboards |
| 3. paddle   | ball    | bat        | racket      |
| 4. referee  | player  | coach      | stadium     |
| 5. career   | healthy | sporty     | fit         |

**IV. Choose the best answer a, b, c or d to complete the sentence.**

**V. Complete the sentences with the correct tense of the verbs *play*, *do* or *go*.**

1. Sarah                    gymnastics on Saturday evenings.
2. Mark                    badminton with his friends at the moment.
3. My friends and I                    climbing yesterday.

4. \_\_\_\_\_ you \_\_\_\_\_ table tennis last Sunday?
5. Jim \_\_\_\_\_ basketball because he wasn't tall enough.
6. We \_\_\_\_\_ sports together when we were kids.
7. People often \_\_\_\_\_ jogging in the park.
8. I \_\_\_\_\_ judo now and I love it!

**VI. Complete the sentences with the correct form of the word in brackets.**

1. He gets a lot of \_\_\_\_\_ from football. (enjoy)
2. Playing sports is a fantastic way to improve your \_\_\_\_\_. (fit)
3. My brother is not very \_\_\_\_\_. He doesn't like playing or watching sports. (sport)
4. Nearly half of the people in the world are \_\_\_\_\_ in football. (interest)
5. Pelé is \_\_\_\_\_ regarded as the best football player of all time. (wide)
6. Cristiano Ronaldo is a Portuguese professional \_\_\_\_\_. (football)
7. Pelé is a \_\_\_\_\_ hero in Brazil. (nation)
8. Winning three gold medals is great \_\_\_\_\_. (achieve)

**VII. Circle and correct the mistakes in these sentences.**

1. The children feeled excited before their holiday. \_\_\_\_\_
2. Do you play yoga at home or in a club? \_\_\_\_\_
3. Where was you last weekend? - I was at home. \_\_\_\_\_
4. The car stoped at the traffic lights. \_\_\_\_\_
5. Paul is very tired because he didn't slept well last night. \_\_\_\_\_
6. Do you take part in the marathon last Sunday? \_\_\_\_\_
7. Go straight ahead and then to take the first turning. \_\_\_\_\_
8. When did you buy this house? - We buy it three years ago. \_\_\_\_\_

**VIII. Match the questions to the answers.**

|  |  |
|--|--|
| 1. Do you like to watch sports on TV?                    | a. Volleyball, I think.                                  |
| 2. What sports are you best at?                          | b. Three or four times.                                  |
| 3. How much exercise do you get each week?               | c. Because it can help them be healthy.                  |
| 4. Did you do any exercise or play any sports yesterday? | d. Yes, I like watching sports more than playing them.   |
| 5. Do you prefer team sports or individual sports?       | e. I don't like either of them. I'm not a sporty person. |
| 6. What is the most popular sport in the world?          | f. Football or soccer.                                   |
| 7. Which is better, basketball or volleyball?            | g. Swimming and Taekwondo.                               |
| 8. Why should people exercise?                           | h. Yes, I played tennis with friends.                    |

**IX. Choose the correct answers to complete the passage.**

Physical activity is the (1) \_\_\_\_\_ obvious benefit of sports participation. Children often spend too much time watching television or (2) \_\_\_\_\_ video games. But sports practices and games provide an opportunity for exercise that can help keep kids in shape and (3) \_\_\_\_\_.

Sports participation can help children develop social skills that will benefit them(4) \_\_\_\_\_