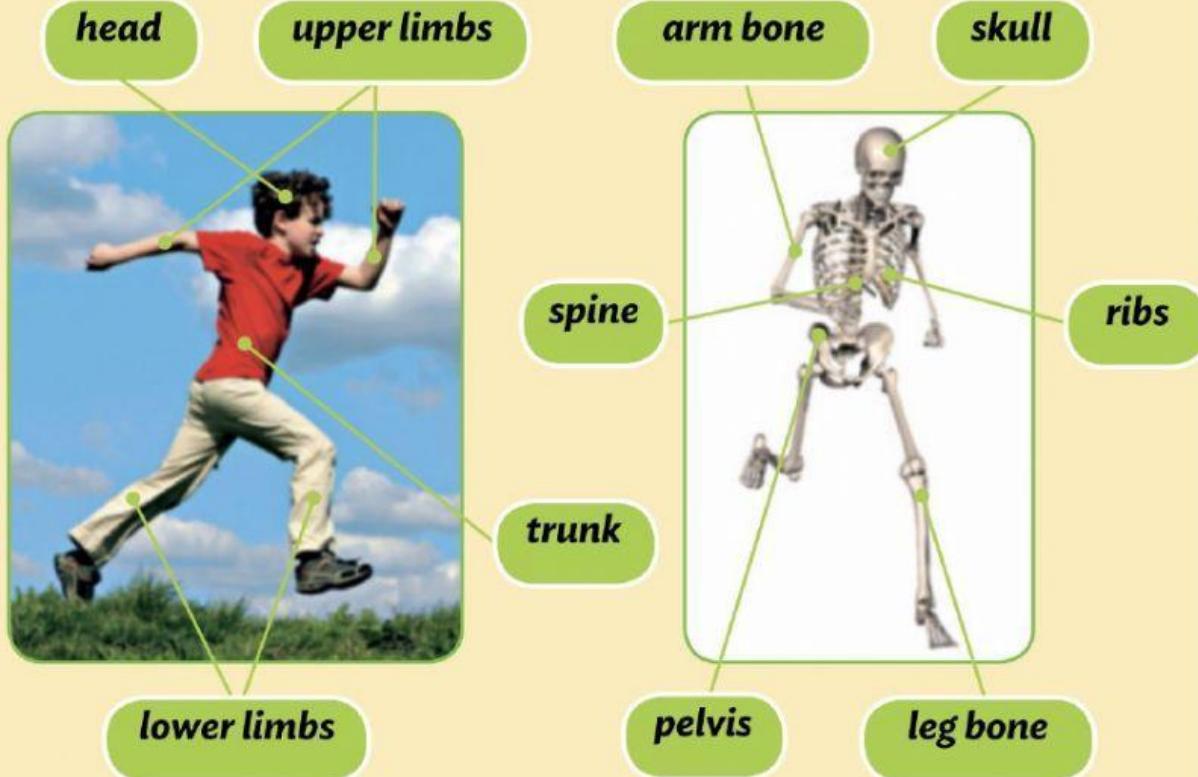


Inside my body

Look and remember these parts of your body and your skeleton:



Your body is made up of **bones** and **muscles**.

Bones form your **skeleton** and muscles help you to move.

Read and write:

My body is made up of _____ and muscles.

Read and tick ✓

Bones are **inside** / **outside** my body.

Bones are **hard** / **soft**.

My **bones** / **muscles** made up my skeleton.

Dairy products are **good** / **bad** for my bones.