

Exercise 2

Match the adjectives with the definitions.

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| successful or achieving what you want |
| related to the treatment of illness and injuries |
| damaging |
| something you cannot stop once you have started |
| too much |
| acceptable or right for someone or something |
| containing many substances needed for life and growth |
| avoidable |
| the chemical processes in the body required for life |
| relating to what you eat or drink |

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| 1. excessive | |
| 2. preventable | |
| 3. dietary | |
| 4. harmful | |
| 5. medical | |
| 6. metabolic | |
| 7. nutritional | |
| 8. addictive | |
| 9. suitable | |
| 10. effective | |