

Exercise 2

Match the adjectives with the definitions.

successful or achieving what you want
related to the treatment of illness and injuries
damaging
something you cannot stop once you have started
too much
acceptable or right for someone or something
containing many substances needed for life and growth
avoidable
the chemical processes in the body required for life
relating to what you eat or drink

1. excessive	
2. preventable	
3. dietary	
4. harmful	
5. medical	
6. metabolic	
7. nutritional	
8. addictive	
9. suitable	
10. effective	